WHEN TO WASH YOUR HANDS

✔ Upon arrival for the day, after breaks, or when moving from one child care group to another:

✔ Before and after:
  • Preparing food or beverages;
  • Eating, handling food, or feeding a child;
  • Giving medication or applying a medical ointment or cream in which a break in the skin (e.g., sores, cuts, or scrapes) may be encountered;
  • Playing in water that is used by more than one person;

✔ After:
  • Using the toilet or helping a child use a toilet;
  • Diapering;
  • Handling bodily fluid (mucus, blood, vomit), from sneezing, wiping and blowing noses, from mouths, or from sores;
  • Handling animals or cleaning up animal waste;
  • Playing in sand, on wooden play sets, and outdoors;
  • Cleaning or handling the garbage.
  • Applying sunscreen and/or insect repellent.

Based on: Caring for Our Children, Online Database, 2019, Standard 3.2.2.1