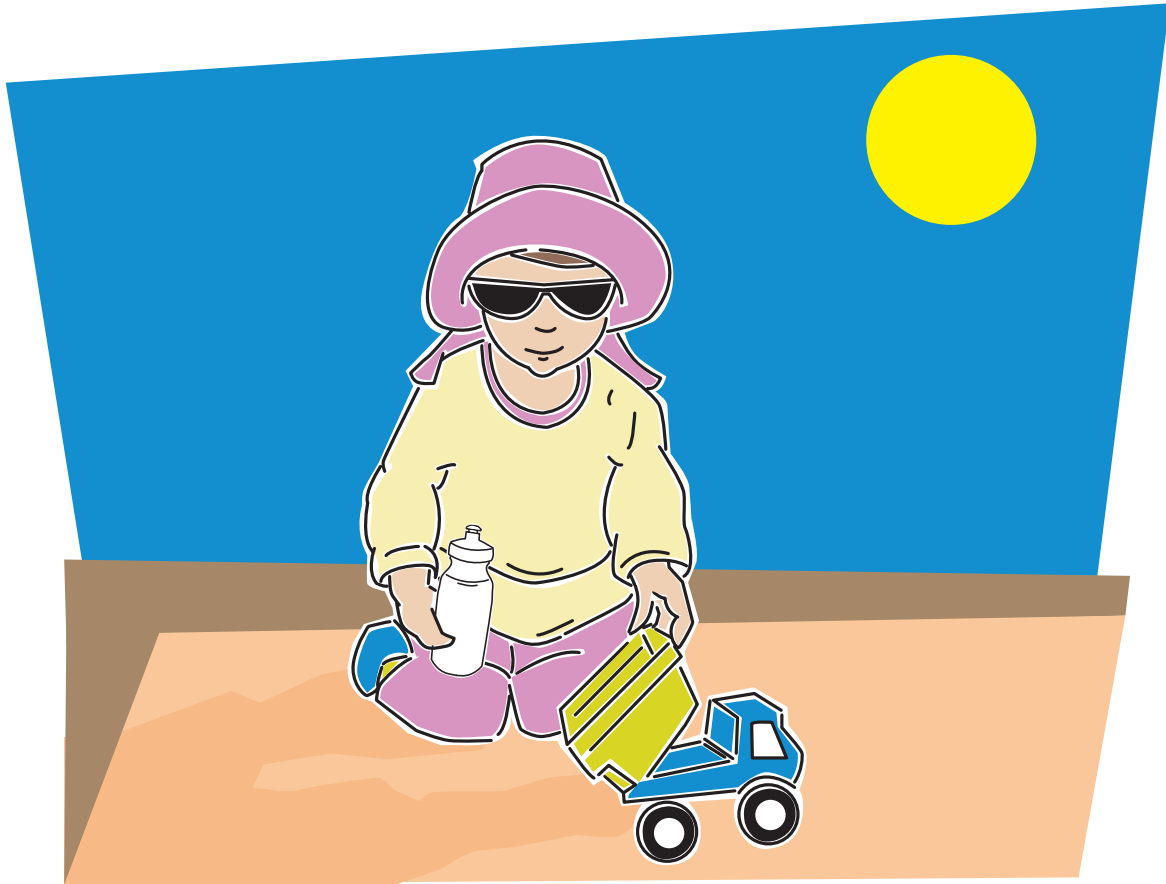




## SUN PROTECTION



### **Make playtime in the sun safe and fun. Remember:**

- Sunlight is strongest between 10 a.m. and 3 p.m.
- Water, sand and snow make the sun's rays stronger
- Clouds don't block the sun's rays
- Babies under 6 months should **STAY OUT** of direct sunlight

### **When in the sun:**

- Use sunscreen of SPF 15 or more
- Wear protective clothing, including a hat
- Wear sunglasses with UV protective coating
- Take breaks in the shade
- Drink plenty of water

