



April 2011

E-News for Child Care Health Consultants

California Childcare Health Program (CCHP)
510-204-0932 • www.ucsfchildcarehealth.org



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Do you have a question that you would like to ask other CCHCs working in the

field? Or do you have a comment to share with the group? To post your comments or questions on the CCHP-CCHC listserv [click here](#).

The CCHP-CCHC eNews is a monthly newsletter that provides timely information about resources, reports, and research that inform the work of Child Care Health Consultants (CCHCs) working to improve the health and safety of children in early childhood education settings in California. Past issues are available at www.ucsfchildcarehealth.org/html/healthline/enews.htm.

Greetings

The tragic aftermath of the recent earthquake and tsunami in Japan is an unfortunate reminder of our need to prepare for natural disasters here in California. Being responsible for the safety of young children presents an added concern. Please support the victims and relief workers in Japan, and also take time to prepare your home and child care community for possible disasters.

Announcements

The *Integrated Pest Management Toolkit for Early Care and Education Programs* is now available in Spanish on the CCHP website. The toolkit includes practical information about using integrated pest management (IPM) to prevent and manage pest problems and reduce pesticide exposure for children and staff.

- [Manejo Integrado de Plagas: Currículo para Programas de Cuidado y Educación Temprana de Niños \(PDF; 3.5MB; 44pp\)](#)
- [Notas sobre Salud y Seguridad de plagas específicas \(PDF; 4.7MB; 26pp\)](#)
- [Pósters \(PDF; 1MB; 4pp\)](#)
- [Lista de Control de IPM \(PDF; 284KB; 12pp\)](#)

For an updated California Childcare Health Program publications order form:

www.ucsfchildcarehealth.org/pdfs/forms/pubform_0311.pdf.

For an updated California Childcare Health Program brochure:

www.ucsfchildcarehealth.org/pdfs/about/CCHP_Brochure_0311.pdf.

Advocacy

National Infant Immunization Week, April 23-30, is an annual observance to promote the benefits of immunizations and improve the health of children two years old or younger. It is a call to action for parents, caregivers, and healthcare providers to ensure that infants are fully immunized against vaccine-preventable diseases. For CDC resources: www.cdc.gov/vaccines/events/niiw/ed-resources.html.

New Bill (AB 669) Proposed to Tax Sugar Sweetened Beverages Sold in California

The revenue from this tax (one cent per ounce) would be used for children's health promotion programs such as safe places for active play, healthy school meals, community access to healthy food, and physical education. For more information: www.publichealthadvocacy.org.

Resources

Protecting Children in Child Care During Emergencies: Recommended State and National Regulatory and Accreditation Standards for Family Child Care Homes and Child Care Centers from Save the Children and NACCRRRA. To protect

children in child care during emergencies including tornados, earthquakes, industrial accidents and other disasters that may require evacuation, lockdowns, sheltering in place or reunification of children with their parents following a disaster.

www.naccrra.org/publications/naccrra-publications/publications/8960503_Disaster%20Report-SAVE_MECH.pdf

California Community Care Licensing Disaster Planning Self-Assessment Guide for Child Care Centers and Family Child Care Homes.

www.cclid.ca.gov/res/pdf/DisasterGuideforHomesCenters.pdf

California Department of Education Nutrition Services Division and Fresno City College Cal-Pro-NET Center Present: *Food for Thought Training Curriculum* to promote the consumption of fruits and vegetables among preschoolers. The FFT curriculum includes lessons plans, recipes, books, and songs. Free, voluntary, half-day training events are being offered statewide for child care center directors, preschool teachers, mentor teachers, and other staff to learn how to implement nutrition classroom activities while incorporating math, science, and literacy concepts. For more information: www.fresnocitycollege.edu/index.aspx?page=2272.

AAP Update for Parents on the Use of Car Safety Seats

New recommendations advise parents to keep toddlers in rear-facing car seats until age 2, or until they reach the maximum height and weight for their seat. For up-to-date information for parents: www.magnetmail.net/actions/email_web_version.cfm?recipient_id=65647676&message_id=1263474&user_id=AAPorg&group_id=456637.

New Crib Standards

Information on new crib standards can be found at CPSC's Crib Information Center, child care programs have until December 28, 2012 to comply.

www.cpsc.gov/cpsc/pub/pubs/5023.pdf

U.S. Consumer Product Safety Commission (CPSC) has a new online tool

and resource for health care providers, parents and caregivers to report injuries or hazards posed by consumer products online. www.SaferProducts.gov

California Early Learning Advisory Council has a new website. For updates on the statewide strategic plan, QRIS pilot projects, early learning and care data system assessment and analysis, implementation projects, calendar of meetings, agendas and reports: www.calelac.org.

Bleach Exposure in Child Care Settings: Strategies for Elimination or Reduction Report

The San Francisco Asthma Task Force has completed a pilot project to identify methods for infection control practices that eliminate or reduce child care operator exposure to bleach. The final report and find associated materials are posted on the Regional Asthma Management and Prevention website:

www.rampasthma.org/2011/03/9258.

Reports and Research

Impact of Prenatal Exposure to Pesticides on 36-Month Neurodevelopment

This study found a significant association between piperonyl butoxide (a pyrethroid synergist) measured in personal air collected during the third trimester of pregnancy, and delayed mental development at 36 months. The lead researcher stated, "This drop in IQ points is similar to that observed in lead exposure. While perhaps not impacting an individual's overall function, it is educationally meaningful and could shift the distribution of children in the society who would be in need of early intervention services."

pediatrics.aappublications.org/cgi/content/abstract/127/3/e699

Despite Warnings, Parents Continue to Use Cough and Cold

Medicines for Young Children

According to a national poll by C.S. Mott Children's Hospital, more than half of physicians told parents that the drugs were effective and more than half of parents continue to give over-the-counter cough and cold medicines to children under the age of 2, despite evidence to the contrary and warnings from the FDA. Full text at: www.med.umich.edu/mott/npch/pdf/02142011report.pdf.

Coexistence of Sleep and Feeding Disturbances in Young Children

Problematic sleep and feeding behaviors tend to coexist in early childhood. Increased awareness of the coexistence may lead to improved interventions and outcomes for children.

pediatrics.aappublications.org/cgi/content/abstract/127/3/e615

Cerebral Oxygenation Is Depressed During Sleep in Healthy Term Infants When They Sleep Prone

This reduction may account for reduced arousal from sleep in healthy infants who sleep in the prone position. The finding provides new insight into potential risks of prone sleeping and mechanisms of SIDS.

pediatrics.aappublications.org/cgi/content/abstract/127/3/e558

Injuries Associated With Cribs, Playpens, and Bassinets among Young Children in the US, 1990–2008

This study uses a nationwide sample to examine injuries associated with cribs, playpens, and bassinets. Greater efforts are needed to ensure safety in the design and manufacture of these products, ensure their proper usage and increase awareness of their potential dangers to young children.

pediatrics.aappublications.org/cgi/content/abstract/peds.2010-1537v1

Depressed fathers of 1-year-olds are more likely to spank and less likely to read to their children than fathers who are not depressed. This study is the first to report an association between paternal depression and spanking.

pediatrics.aappublications.org/cgi/reprint/peds.2011-0097v1

Study shows hand-washing by preschool-aged children and their caregivers had a significant protective effect against community-acquired Hand Foot and Mouth Disease. pediatrics.aappublications.org/cgi/content/abstract/peds.2010-1497v1

Only 1 in 3 California Students Make the Grade in Physical-Fitness Test

The 2010 physical fitness results for schools are available on the California Department of Education website. The scores show that less than a third of students tested passed in all six fitness areas. For more information:

www.cde.ca.gov/nr/ne/yr11/yr11rel26.asp.

Improving Children's Oral Health May Improve Their Educational Experience

Children with poorer oral health were more likely to have dental pain, miss school, and perform poorly in school.

ajph.aphapublications.org/cgi/content/abstract/AJPH.2010.200915v1

Addressing the Needs of the Whole Child: What Public Health Can Do to Answer the Education Sector's Call for a Stronger Partnership

provides strategies for how public health professionals can collaborate with educators to address students' needs. The article, published in the March 2011 issue of Preventing Chronic Disease, illustrates the relationship between health and education. www.cdc.gov/pcd/issues/2011/mar/10_0014.htm

CDC Reports on U.S. Trends in Tuberculosis in 2010

Although fewer TB cases were reported in the United States (a decline of 3.9% from 2009, and the lowest rate recorded since national reporting began in 1953), California, Texas, New York, and Florida each reported more than 500 cases.

Combined, these four states accounted for nearly half of all TB cases in the United States in 2010. For the CDC report:

www.cdc.gov/mmwr/preview/mmwrhtml/mm6011a2.htm.

Robert Wood Johnson Foundation County Health Ranking examines a variety of measures that affect health, such as high school graduation rates, access to healthier foods, air pollution levels, income, and rates of smoking, obesity and teen births. See how your county is doing: www.countyhealthrankings.org.

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