



February 2011

E-News for Child Care Health Consultants

California Childcare Health Program (CCHP)
510-204-0932 • www.ucsfchildcarehealth.org



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Do you have a question that you would like to ask other CCHCs working in the

field? Or do you have a comment to share with the group? To post your comments or questions on the CCHP-CCHC listserv [click here](#).

The CCHP-CCHC eNews is a monthly newsletter that provides timely information about resources, reports, and research that inform the work of Child Care Health Consultants (CCHCs) working to improve the health and safety of children in early childhood education settings in California. Past issues are available at www.ucsfchildcarehealth.org/html/healthline/enews.htm.

Greetings

The CCHC-CCHC eNews has 189 subscribers and is growing! We invite interested health professionals working as child care health consultants to join our e-community as we work to promote health and well-being for children in child care programs in California. Please share this information with your friends and colleagues. New subscribers can sign on here: www.ucsfchildcarehealth.org/listserve/subscribe.html.

Announcements

CCHP is pleased to introduce the new *Integrated Pest Management Toolkit for Early Care and Education Programs*, now available on the CCHP website. You will find outstanding illustrations and practical information about using integrated pest management (IPM) to improve sanitation and prevent and manage pest problems in early care and education programs. If you would like a free print copy of the IPM Toolkit, please send an email to brose@ucsfchildcarehealth.org.

The toolkit includes the following:

- A curriculum booklet, [Integrated Pest Management: A Curriculum for Early Care and Education Programs \(pdf; 3.45mb; 44pp\)](#)
- Complimentary Materials:
 - [Health and Safety Notes on Individual Pests](#)
 - [Fact Sheets for Families](#)
 - [Posters](#)
 - [IPM Checklist](#)
 - [IPM Presentation in English \(PowerPoint presentation; 11.4MB\)](#)
 - [IPM Presentación en Español \(PowerPoint presentation; 10.8MB\)](#)
 - [IPM Presentation Handout in English \(PDF; 604KB\)](#)
 - [IPM Presentación en español para imprimir \(PDF; 600KB\)](#)

Policy and Advocacy

NAPNAP Position Statement on Supporting Children and Families in Early Care and Education

The National Association of Pediatric Nurse Practitioners (NAPNAP) is committed to promoting health and safety for all children in ECE programs. To read the statement recently adopted by the NAPNAP Executive Board: www.napnap.org/Files/NAPNAP%20Child%20Care%20PS_Final2010.pdf.

New Paper and Toolkit on Early Learning Guidelines for Infants and Toddlers from the ZERO TO THREE Policy Center

Putting Standards into Practice: States' Use of Early Learning Guidelines for Infants and Toddlers and Toolkit provide guidelines from different states, resources and suggestions for disseminating and embedding these guidelines into professional development programs and quality improvement systems. www.zerotothree.org/public-policy/webinars-conference-calls/it-elg-implementation-toolkit-introduction-508-compliant.pdf

Environmental Health in Early Childhood Systems Building: Opportunities for States

This brief from the National Center for Children in Poverty identifies some of the substances that threaten young children inside and nearby the home or early care and education setting. It describes the importance of early intervention for disease prevention, provides examples of strategic approaches to regional policy and program reform and explores specific actions states can take to successfully address environmental health issues affecting children. www.nccp.org/publications/pdf/text_981.pdf

New Video on the Impact of the Early Years

The Center on the Developing Child at Harvard University has released a great new online video. *In Brief: the Foundations of Lifelong Health* explains why a vital and productive society with a prosperous and sustainable future is built on a foundation of healthy child development. www.developingchild.harvard.edu/library/multimedia/inbrief_series/inbrief_the_foundations_of_lifelong_health/

Resources

USDA and HHS Announce New Dietary Guidelines to Help Americans Make Healthier Food Choices and Confront the Obesity Epidemic

The new *2010 Dietary Guidelines for Americans*, the federal government's evidence-based nutritional guidance to promote health, reduce the risk of chronic diseases, and reduce the prevalence of overweight and obesity through improved nutrition and physical activity have been released. www.cnpp.usda.gov/DGAs2010-PolicyDocument.htm

Child Care Health Advocate Course-Nutrition and Physical Activity

The California Training Institute Child Care Health Advocate curriculum module *Nutrition and Physical Activity* has been revised and posted to the Healthy Childcare Pennsylvania website. This module, updated by Susan Aronson MD, includes the content from the early released standards of the 3rd edition of *Caring for Our Children*. The chapter is a part of an online Child Care Advocate Course taught at Northampton Community College. www.ecels-healthychildcarepa.org/section.cfm?subID=6&scope=all

New Online Asthma Training Program for Teachers and Education Support Professionals

Members of school communities such as teachers, parents, principals, superintendents and school board members can participate in a *free online training* program that seeks to educate the 3.2 million members of the National Education Association (NEA) about how to help students better manage their asthma while at school. The NEA, the Health Information Network (HIN) and the Merck Childhood Asthma Network, Inc. (MCAN) are launching the program. The training can be accessed at www.neaacademy.org

Tutorials about Mental Health Consultation in Early Care and Education

Developed by the Center for Early Childhood Mental Health Consultation (CECMHC), these materials were designed to enhance skills and knowledge about how to implement effective mental health consultation in Head Start and

Early Head Start (HS/EHS) programs. Topics include: the definition of trauma and types of trauma; the impact of trauma on infants, toddlers, and young children from a development perspective; trauma signs and symptoms; and the role of the consultant in addressing trauma in the early care and education programs. www.ecmhc.org/tutorials/index.html

Strengthen relationships for longer, healthier life from *Harvard Health Publications*

Social connections not only give us pleasure, they also influence our long-term health in ways as powerful as adequate sleep, a good diet, and not smoking. Dozens of studies have shown that people who have satisfying relationships with family, friends, and their community are happier, have fewer health problems, and live longer. www.health.harvard.edu/healthbeat/strengthen-relationships-for-longer-healthier-life

Reports and Research

U.S. To Get First National Data on Child Care in 20 Years

The Department of Health and Human Services has awarded a contract the University of Chicago to conduct the first national survey of child care supply and demand in more than 20 years. The National Survey of Early Care and Education (NSECE), will provide new knowledge about the types of providers of child care, as well as the needs, constraints and preferences of families with children age 12 and under as they seek and use non-parental care for their children.

www.chapinhall.org/news/articles/us-get-first-national-data-child-care-twenty-years?utm_source=ConstantContact&utm_medium=Email&utm_campaign=January%2B12,%2B2011

Early Antibiotic Use and Asthma

American Journal of Epidemiology published a study reporting that early antibiotic use by age 6 months is linked to asthma and allergy at age 6 years. "Early antibiotic exposure, especially to broad-spectrum antibiotics, may suppress the developing immune system and produce a reduced anti-allergic response," said senior author Michael B. Bracken, professor of epidemiology at the Yale School of Public Health in New Haven, Connecticut, in a news release. www.aje.oxfordjournals.org/content/173/3/310.abstract

***American Journal of Public Health* article: Potential National and State Medical Care Savings from Primary Disease Prevention** shows that well-designed interventions to reduce lifestyle-related risk factors could result in enough medical care savings to offset intervention costs.

<http://ajph.aphapublications.org/cgi/content/abstract/101/1/157>

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