DIAPERING PROCEDURES

1. Get prepared.
   - Gather all diapering supplies so they are within reach, including a diaper, wipes, a plastic bag for soiled clothes, and a plastic-lined, hands-free, covered can.
   - If diaper cream is needed, put some on a piece of facial tissue before you begin.
   - Cover the diapering surface with disposable paper.
   - Put on disposable gloves.

2. Place the child on the diapering table.
   - Remove bottom clothes and any soiled clothing.
   - Remove socks and shoes that cannot be kept clean.
   - Avoid contact with soiled items.
   - ALWAYS KEEP ONE HAND ON THE CHILD.

3. Unfasten the diaper and clean the child’s diaper area.
   - With the soiled diaper under the child, lift the child’s legs to clean the child’s bottom.
   - Clean from front to back with a fresh wipe each time.

4. Dispose of the diaper and soiled items.
   - Put soiled wipes in the soiled diaper.
   - Remove the diaper and dispose of it in a plastic-lined, handsfree, covered can.
   - If the disposable paper is soiled, use the paper that extends under the child’s feet to fold up under the child’s bottom.
   - Remove gloves and dispose of them in hands-free can.
   - Use a fresh wipe to clean your hands.
   - Use a fresh wipe to clean the child’s hands.
5. Put on a clean diaper and dress the child.
   - Put a clean diaper under the child.
   - Apply diaper cream with a tissue as needed.
   - Fasten the diaper, and dress the child.

6. Wash the child’s hands.
   - Moisten hands and apply liquid or foam soap to hand surfaces from finger tips to wrists.
   - Rinse with running water.
   - Dry with a single use paper or cloth towel.
   - Return the child to a supervised area away from the diapering table.

7. Clean and disinfect the diaper changing surface.
   - Discard the paper liner.
   - Remove any visible soil with soap and water.
   - Apply EPA-registered disinfectant and use according to label instructions.
   - Be sure to leave the disinfectant on the surface for the required contact time.

8. Wash your hands with soap and running water, and record the diaper change in a report for parents.
   - Include the time of diaper change and diaper contents.
   - Note any problems such as skin redness, rashes, or loose stool.