

**STOP
DISEASE**

DIAPERING PROCEDURES



1. Get prepared.

- Gather all diapering supplies so they are within reach, including a diaper, wipes, a plastic bag for soiled clothes, and a plastic-lined, hands-free, covered can.
- Cover the diapering surface with disposable paper.
- Put on disposable gloves.



2. Place the child on the diapering table.

- Remove bottom clothes and any soiled clothing.
- Remove socks and shoes that cannot be kept clean.
- Avoid contact with soiled items.
- ALWAYS KEEP ONE HAND ON THE CHILD.



3. Unfasten the diaper and clean the child's diaper area.

- With the soiled diaper under the child, lift the child's legs to clean the child's bottom.
- Clean from front to back with a fresh wipe each time.



4. Dispose of the diaper and soiled items.

- Put soiled wipes in the soiled diaper.
- Remove the diaper and dispose of it in a plastic-lined, handsfree, covered can.
- If the disposable paper is soiled, use the paper that extends under the child's feet to fold up under the child's bottom.
- Remove gloves and dispose of them in hands-free can.
- Use a fresh wipe to clean your hands.
- Use a fresh wipe to clean the child's hands.



DIAPERING PROCEDURES



- 5. Put on a clean diaper and dress the child.**
- Put a clean diaper under the child.
 - Apply diaper cream with a tissue as needed.
 - Fasten the diaper, and dress the child.



- 6. Wash the child's hands.**
- Moisten hands and apply liquid or foam soap to hand surfaces from finger tips to wrists.
 - Rinse with running water.
 - Dry with a single use paper or cloth towel.
 - Return the child to a supervised area away from the diapering table.



- 7. Clean and disinfect the diaper changing surface.**
- Discard the paper liner.
 - Remove any visible soil with soap and water.
 - Apply EPA-registered disinfectant and use according to label instructions.
 - Be sure to leave the disinfectant on the surface for the required contact time.



- 8. Wash your hands with soap and running water, and record the diaper change in a report for parents.**
- Include the time of diaper change and diaper contents.
 - Note any problems such as skin redness, rashes, or loose stool.