HOW TO HANDLE DENTAL INJURIES

Check the child's injury
- Remain calm.
- Put on disposable gloves.
- Rinse with water to clean out any debris.
- Clean the area around the injury.

For a knocked out tooth
- If dirty, hold tooth by the crown and rinse root.
- Put tooth in whole milk, egg white, or coconut water. (If not available or if the child has an allergy, put the tooth in water or saliva.)
- Contact parent/guardian to take child and tooth to dentist immediately.

If a fractured jaw or head injury is suspected
- Seek emergency care (call 9-1-1).
- Do not move the jaw.

Apply ice or a cold pack to reduce swelling
- Place ice in a disposable glove or a small, closable plastic bag.
- Cover with a clean cloth to protect skin from extreme cold.
- Apply ice as tolerated for periods of 20 to 30 minutes.

Child-appropriate pain relievers
- If recommended by the health care provider, give pain reliever, with written permission of the parent.
- Children’s Tylenol or Children’s Motrin can be used.