

When should I keep my child home from child care/school?

QUICK-SCREENING GUIDE FOR COVID-19



My child is sick and has one or more symptoms



- **Fever over 100.4 degrees F (38° C) or chills***
- **Cough***
- **Nasal congestion or runny nose***
- **Sore throat***
- **Tiredness***
- **Headache***
- **Shortness of breath or difficulty breathing***
- New loss of taste or smell
- Diarrhea
- Nausea or vomiting
- Stomachache
- Muscle or body aches
- Poor appetite or poor feeding, especially in infants under one year of age

**Most common COVID-19 symptoms in children*



My child can NOT go to child care/school today – but can return after:

- ✓ Symptoms improve and
- ✓ No fever for 24 hours without fever medication.
- ✓ Negative COVID-19 test, if recommended by child's health care provider.



My child tested positive for COVID-19



My child can NOT go to child care/school today:

- ✓ Stay home for 10 days after first positive COVID-19 test.
- ✓ Notify child's child care/school.
- ✓ Contact child's healthcare provider if symptoms get worse.



My child was exposed to a confirmed case of COVID-19



My child can NOT go to child care/school today:

- ✓ Stay home for up to 14 days, based on local public health guidance.
- ✓ Notify child's child care/school.
- ✓ Contact child's healthcare provider and get COVID-19 tested, if recommended.



Remember: Check with your child care/school program's exclusion policies on COVID-19.

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This flow chart was made possible with funding from the UCSF Chancellor's Fund / April 2021