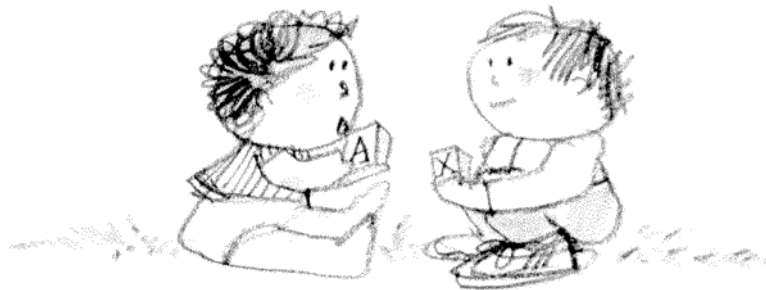


I. APPENDIX

- ❧ Optional Group Activities
- ❧ Contact Numbers for Local Childhood Lead Poisoning Prevention Programs
- ❧ Contact Numbers for Child Health and Disability Prevention Programs
- ❧ Brochures
- ❧ Lead Poisoning Prevention Fact Sheet for Child Care Providers
- ❧ Power Point Handouts
- ❧ Curriculum Evaluation



Optional Group Activities

- ☞ Strategies for Educating Parents: A Role Playing Activity
- ☞ Visiting a Program: Possible Scenario
- ☞ Hazard Hunt Activity



Strategies for Educating Parents: A Role Playing Activity

Rationale

Since parents may be concerned about lead poisoning, child care providers need to know how to talk with parents about lead poisoning and about the efforts they are making to reduce lead exposure in their facility.

Time: Ten minutes

Objective

Participants will gain and practice skills in talking with parents about lead poisoning prevention efforts.

Materials Needed

- ☞ Handout #6: Strategies for Educating Parents: A Role Playing Activity.

Activities

- ☞ Role play as many situations as time allows or assign each scenario to small groups.

Questions/Comments

Possible responses to questions (see Handout #6):

Question #1: What will you tell her?

- ☞ "I'd be happy to show you the results of my environmental lead tests."
- ☞ "Yes, my home is older, however, all of the remodeling and maintenance were done in a lead-safe manner."
- ☞ Show the procedures you follow to reduce hazards (see Simple Steps Brochure).

Question #2: What additional things might you have to do to ensure that your child care environment is lead safe for children:

- ☞ Establish a regular cleaning routine.
- ☞ Inspect periodically for lead hazards such as deteriorating paint or dishes which may contain lead.
- ☞ Require everyone to remove shoes before entering the house or wipe feet outside before entering.
- ☞ Refrain from any remodeling or maintenance before testing for the presence of lead-based paint and learning how to handle it.
- ☞ Plant ground cover where dirt is exposed or cover with sand or wood chips.
- ☞ Plant bushes next to the house.

Question #3: How do you react to a parent who asks these questions?

- ☞ Explore child care providers' possible feelings of resentment or annoyance with parental demands.

Handout #6: Strategies for Educating Parents Role Playing Activities

A parent who is visiting your program would very much like to enroll her two year old. She is very concerned about childhood lead poisoning because her nephew has been lead poisoned. She wants to protect her child. Because your facility is older, she wants to know what you have done to reduce lead in your child care setting.

1. What will you tell her?

2. What additional changes might you have to make to ensure that your child care environment is lead safe for children:

a) Indoors?

b) Outdoors?



3. How do you react to a parent who asks these questions?

Visiting a Program: Possible Scenario

Rationale

Since parents may be concerned about lead poisoning, child care providers need to know how a parent might be looking at their programs and potential sources of lead exposure in their facility.

Time: 15 minutes

Objective

Participants will gain insight into what parents visiting a program might be concerned about and for which they are looking.

Materials Needed

- ☞ Handout #7: Visiting a Program: Possible Scenario.

Activities:

- ☞ Participants can work in groups to read and discuss the questions provided at the end of the scenario.
- OR
- ☞ One participant can read the scenario and everyone works together to answer the questions provided.

Questions/Comments:

Possible Responses to Questions include:

- ☞ Question #1: Name four potential sources for children's lead exposure in this location.
 1. pre-1978 home.
 2. Cracking, peeling paint on exterior.
 3. Keys.
 4. Old, dirty toys.
 5. Child playing on floor.
 6. Chipped paint on play table.
 7. Possible home remedies in medicine cabinet.
- ☞ Question #2: Name three characteristics of young children which make them particularly vulnerable to ingesting lead.
 1. Young children mouth hands, toys and other objects.
 2. They spend a lot of time on floors where lead dust accumulates.
 3. Prone to pica behavior such as eating paint chips.
 4. They are curious and like to explore cupboards, drawers, and medicine cabinets.
- ☞ Question #3: How could Martha and Charles work with this provider to remediate some of the problems they see?
 1. Talk with the provider and point out some of their concerns.
 2. Contact the local childhood lead poisoning prevention program for information on reducing environmental exposures.

CHILD CARE PROVIDER LEAD POISONING PREVENTION TRAINING

Handout #7: Visiting a Program – Possible Scenario

Maria and Charles, parents of an 18-month old baby girl, are visiting a licensed family child care program in their neighborhood. They are considering enrolling their baby in this program so they are visiting today to meet the provider and see the site that is in the provider's home.

The house and those in the neighborhood around it were all built in the 1940's. The house has a stucco exterior but the stucco has many cracks and some small whitish chips are visible on the exterior grounds. Maria and Charles ring the bell and the child care provider lets them in.

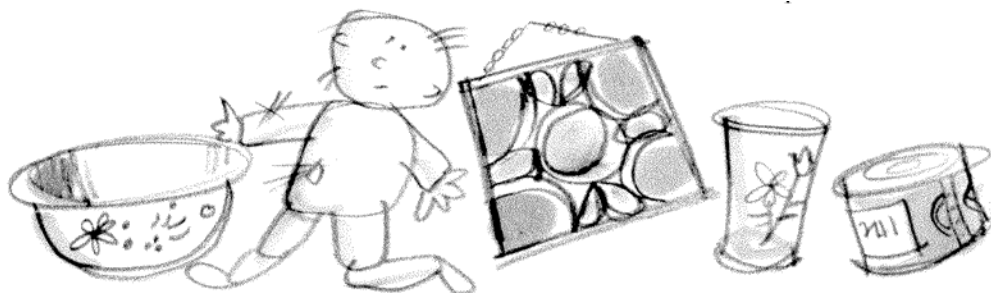
The provider shows them the way to her kitchen, toward the back of the house. In the kitchen, two toddlers in high chairs are eating lunch. A third child who has finished lunch is crouching on the ground near the table, holding a key ring with several keys on it. Looking out the back window, Charles and Martha see a preschool age child (about three) riding a tricycle on the patio. There is no adult attending to him.

Charles and Martha ask to see the children's napping area. This area is a bedroom on the side of the house. In the nap room there are mats for sleeping and many toys. Martha thinks that the toys look very old and worn out: the stuffed animals have small tears and loose buttons and the wooden play table surfaces are chipped.

The nap room is adjacent to the bathroom. Inspecting the bathroom, they see that the medicine cabinet does not have a lock on it. When Charles asks the provider why she says: "Oh, the children never come in here. Anyway we don't have any real medications in there, just some natural remedies from the Health Store."

Questions:

1. Name four potential sources for children's lead exposure in this location.
2. Name three characteristics of young children which make them particularly vulnerable to ingesting lead.
3. How could Martha and Charles work with this provider to remediate some of the problems they see?



Hazard Hunt Activity

Rationale

Since child care environments can expose children to lead, providers must know where potential sources of lead can be found as well as ways to reduce exposure.

Time: 20 minutes

Objective

Using the “Hazard Hunt” diagram, participants will be able to identify potential lead sources and ways to reduce exposure.

Materials Needed:

- ☞ Handout #8: Can You Find the Sources of Lead?
- ☞ Handout #9: Source Information for Hazard Hunt.

Activities:

- ☞ Review directions and complete the Hazard Hunt as a large group.
 - ☞ Review answers to Hazard Hunt.
- OR
- ☞ Review directions and complete the Hazard Hunt in small groups.
 - ☞ A representative from each group reports back to larger group.
 - ☞ Review answers to Hazard Hunt.
 - ☞ Use this activity as a way to summarize training content and reinforce training.

The following is a room-by-room list of the potential lead sources shown:

BATHROOM

- ☞ Home remedies in medicine cabinet.
- ☞ Water.

ATTIC

- ☞ Pre-1978 peeling paint on walls and windows.

CHILD’S ROOM

- ☞ Older or imported toys.
- ☞ Peeling pre-1978 paint.
- ☞ Old crib next to an area where there is peeling paint.

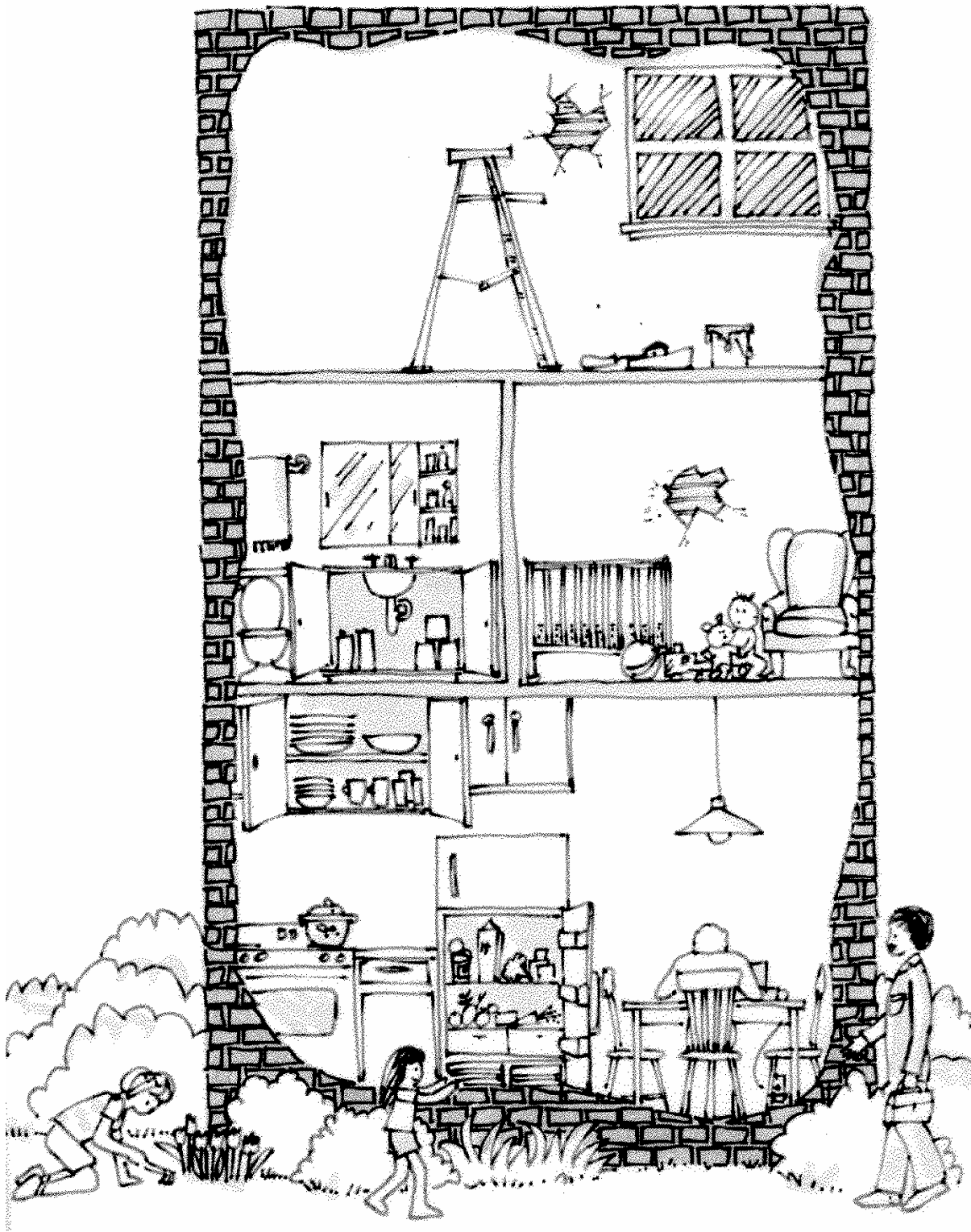
KITCHEN/DINING ROOM

- ☞ Clay pots and other dishware.
- ☞ Canned foods with lead-soldered seams.
- ☞ Hobbies or cottage industries.
- ☞ Some imported candies.

OUTSIDE

- ☞ Occupational exposures brought into the home.
- ☞ Soil.

CHILD CARE PROVIDER LEAD POISONING PREVENTION TRAINING
Handout #8: Can You Find the Sources of Lead?



Handout #9: Source Information for Hazard Hunt

These are brief review points on the lead sources shown in the house. For more thorough information, refer to the curriculum or call your local health department.

PAINT

Any house built before 1978 may contain lead in the paint. Housing built before 1950 is likely to have very high levels of lead in the paint.

WHAT TO DO:

Move cribs, high chairs and toys away from peeling and deteriorating paint. Do not scrape, sand, or burn paint unless you know it does not contain lead. Also, damp mop floors and damp dust window sills and baseboards with detergent and lots of rinse water. Do not use these mops, cloths or sponges for anything else.

SOIL

Soil may be contaminated from gasoline emissions or from leaded paint that has fallen off a structure.

WHAT TO DO:

Plant grass or other ground cover so children do not have contact with soil that may be contaminated with lead. Remove shoes or wipe soil off of them before entering the house. Always supervise children when outdoors.

TOYS

Older or imported toys may be painted with lead based paint or contain lead. Any toy may also collect lead from deteriorating paint in house dust.

WHAT TO DO:

Wash toys (and pacifiers) often. Discard badly damaged toys or toys with peeling paint.

HOME REMEDIES

Many home remedies are helpful to make people feel better. Unfortunately some contain lead and can do more harm than good. Home remedies are found in every culture; those of concern are usually brought from other countries and passed among family members. Some which contain lead include Azarcon, Greta, Pay-loo-ah, Bala Goli, and Kohl. Kohl may be used as a cosmetic or for health reasons.

WHAT TO DO:

These medications should not be given to anyone. Call your local Childhood Lead Poisoning Prevention Program (CLPPP) for more information.

OCCUPATIONAL SOURCES

Many jobs can expose a worker to lead, including building demolition, painting, battery recycling, and radiation repair.

WHAT TO DO:

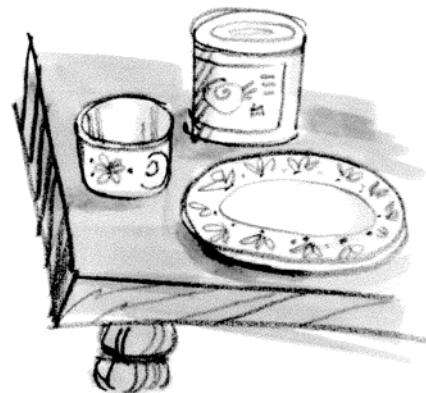
It is best to shower and change from work clothes and shoes before leaving work. Call the Occupational Lead Poisoning Prevention Program at (510) 620-5757 for more information.

COTTAGE INDUSTRIES AND HOBBIES

Some families work with lead in their home, either for profit or as a hobby. Examples include making fish sinkers or working with stained glass.

WHAT TO DO:

Do not do these kinds of activities where children may come in contact with them. Call your local CLPPP to find out how to do them safely.



CERAMICS AND DISHWARE

Handmade or imported pottery and other dishware may contain lead.

WHAT TO DO:

Dishes may be tested with lead test kits. Store, cook, and serve foods in unpainted glass or plastic containers.

FOODS

Some imported foods are sold in cans with lead soldered seams.

WHAT TO DO:

Do not buy cans with wide, dented seams. Seams may be tested with lead test kits to detect the presence of lead. (Narrow seams or seams with blue/black lines mean the seam does not contain lead.)

WATER

Water may become contaminated with lead from lead solder, brass fixtures, or lead pipes.

WHAT TO DO:

Use only cold water for cooking, drinking, or making baby formula. Run water one to two minutes to flush water that has been sitting in pipes or faucets overnight.

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Child Health and Disability Prevention Program

Local CHDP Directory

To find out more about CHDP services, please contact your local CHDP office. Listed below are the addresses and phone and fax numbers for the CHDP offices. Whenever possible, links to local health department websites are provided. Many of these websites contain CHDP program information.

Local Health Department Website	CHDP Office Address	CHDP Phone	CHDP Fax
Alameda http://www.acphd.org	1000 San Leandro Boulevard, Floor 2, San Leandro, CA 94577	510-618-2070	510-618-2077
Alpine http://www.alpinecountyca.com/dept/health/health.html	75-B Diamond Valley Road, Markleeville, CA 96120-9579	530-694-2146	530-694-2252
Amador http://www.co.amador.ca.us/depts/public_health/index.htm	1003 Broadway, Suite 101, Jackson, CA 95642-2651	209-223-6669	209-223-3524
City of Berkeley http://www.ci.berkeley.ca.us/publichealth/	1947 Center Street, 2nd Floor, Berkeley, CA 94704	510-981-5300	510-981-5345
Butte	202 Mira Loma Drive, Oroville, CA 95965-3500	530-538-6222	530-538-6218
Calaveras http://www.co.calaveras.ca.us/departments/pub_health/PHD_MAIN.html	Mail: 891 Mountain Ranch Road, San Andreas, CA 95249 Street: 700 Mountain Ranch Road, Suite C2, San Andreas, CA 95249	209-754-6460	209-754-6459

Local Health Department Website	CHDP Office Address	CHDP Phone	CHDP Fax
Colusa	251 East Webster Street, Colusa, CA 95932	530-458-0380	530-458-4136
Contra Costa http://www.cchealth.org/	597 Center Avenue, Suite 280, Martinez, CA 94553-4669	925-313-6150	925-313-6160
Del Norte	880 Northcrest Drive, Crescent City, CA 95531-9988	707-464-3191	707-465-4573
El Dorado http://www.co.el-dorado.ca.us/publichealth/	929 Spring Street, Placerville, CA 95667-4543	530-621-6110	530-622-5109
Fresno http://www.fresnohumanservices.org/CommunityHealth/	Mail: P.O. Box 11867, Fresno, CA 93775-1867 Street: 1221 Fulton Mall, Fresno, CA 93721	559-445-3281	559-495-7900
Glenn http://countyofglenn.net/Health_Services/home_page.asp	240 North Villa Avenue, Willows, CA 95988-2694	530-934-6588	530-934-6463
Humboldt http://www.co.humboldt.ca.us/health/	317 Second Street, Eureka, CA 95501-0425	707-445-6210	707-476-4960
Imperial	935 Broadway, El Centro, CA 92243-2396	760-482-4446	760-352-9933
Inyo	Mail: P.O. Box Drawer H, Independence, CA 93526 Street: 155 East Market, Independence, CA 93526	760-878-0241	760-878-0266

Local Health Department Website	CHDP Office Address	CHDP Phone	CHDP Fax
Kern http://www.co.kern.ca.us/health/	1800 Mount Vernon Avenue, Second Floor, Bakersfield, CA 93306-3302	661-868-0305	661-868-0493
Kings	330 Campus Drive, Hanford, CA 93230-4375	559-584-1401	559-582-0927
Lake	922 Bevins Court, Lakeport, CA 95453-9739	707-263-1090	707-262-4280
Lassen http://www.co.lassen.ca.us/public_mission.htm	1445 Paul Bunyan Road, Susanville, CA 96130-3146	530-251-8183	530-251-2668
City of Long Beach http://www.ci.long-beach.ca.us/health/	3820 Cherry Avenue, Long Beach, CA 90807-4323	562-570-7980	562- 570-8122
Los Angeles	9320 Telstar Avenue, Suite 226, El Monte, CA 91731-2849	800-993-2437	626-569-9354
Madera http://www.madera-county.com/publichealth/	14215 Road 28, Madera, CA 93638-5715	559-675-7608	559-674-7262
Marin http://www.co.marin.ca.us/depts/HH/main/hs/	899 Northgate Drive, Suite 415, San Rafael, CA 94903	415-473-6877	415-473-6396
Mariposa http://www.mariposacounty.org/healthdepartment/	Mail: P.O. Box 5, Mariposa, CA 95338 Street: 4988 Eleventh Street, Mariposa, CA 95338	209-966-3689	209-966-4929

Local Health Department Website	CHDP Office Address	CHDP Phone	CHDP Fax
Mendocino http://www.co.mendocino.ca.us/ph/	1120 South Dora Street, Ukiah, CA 95482-8333	707-472-2600	707-472-2735
Merced	260 East 15th Street, Merced, CA 95340-6216	209-381-1114	209-381-1102
Modoc	441 North Main Street, Alturas, CA 96101	530-233-6311	530-233-5754
Mono http://www.monohealth.com/	Mail: P.O. Box 3329, Mammoth Lakes, CA 93546 Street: 437 Old Mammoth Road, Suite Q, Mammoth Lakes, CA 93546	760-924-1830	760-942-1831
Monterey http://www.co.monterey.ca.us/health/	1441 Constitution Boulevard, Building 400, Suite 200, Salinas, CA 93906-3195	831-755-5500	831-424-3915
Napa	2261 Elm Street, Building G, Napa, CA 94559-3721	707-253-4316	707-253-4880
Nevada	10433 Willow Valley Road, Suite B, Nevada City, CA 95959-2399	530-265-1462	530-265-9827
Orange	Mail: P.O. Box 6099, Santa Ana, CA 92706-0099 Street: 1725 West 17th Street, Santa Ana, CA 92706	714-834-7700	714-834-7948
City of Pasadena http://www.ci.pasadena.ca.us/publichealth/	1845 North Fair Oaks Avenue, Room 2137, Pasadena, CA 91103-6120	626-744-6015	626-396-8492

Local Health Department Website	CHDP Office Address	CHDP Phone	CHDP Fax
Placer http://www.placer.ca.gov/hhs/	11484 B Avenue, Auburn, CA 95603-2603	530-886-3620	530-886-3606
Plumas http://www.countyofplumas.com/publichealth/index.htm	Mail: P.O. Box 3140, Quincy, CA 95971 Street: 270 County Hospital Road, Quincy, CA 95971	530-283-6330	530-283-6110
Riverside http://www.rivcoph.org/	Mail: P.O. Box 7600, Riverside, CA 92513-7600 Street: 3900 Sherman Drive, Suite G, Riverside, CA 92503	951-358-5481	951-358-5002
Sacramento http://www.sacdhhs.com/	9333 Tech Center Drive, Suite 800, Sacramento, CA 95826	916-875-7151	916-875-6731
San Benito	439 Fourth Street, Hollister, CA 95023-3801	831-637-5367	831-637-9073
San Bernardino http://www.sbcounty.gov/pubhlth/	120 Carousel Mall, San Bernardino, CA 92415-0475	909-388-0400	909-388-0401
San Diego http://www2.sdcounty.ca.gov/hhsa/	Mail: P.O. Box 85222, San Diego, CA 92186-5222 Street: 3851 Rosecrans Street, San Diego, CA 92110	619-692-8808	619-692-8827
San Francisco http://www.dph.sf.ca.us/	30 Van Ness, Suite 210, San Francisco, CA 94102-6082	415-575-5712	415-558-5905

Local Health Department Website	CHDP Office Address	CHDP Phone	CHDP Fax
San Joaquin http://www.sjhealthcare.com/	2233 Grand Canal Boulevard, Suite 212, Stockton, CA 95207-6657	209-953-3644	209-953-3646
San Luis Obispo http://www.slopublichealth.org/	Mail: P.O. Box 1489, San Luis Obispo, CA 93406-1489 Street: 2156 Sierra Way, San Luis Obispo, CA 93401	805-781-5502	805-781-5504
San Mateo http://www.co.sanmateo.ca.us/smc/department/health/home/0,,1954_2139,00.html	225 West 37th Avenue, San Mateo, CA 94403	650-573-2877	650-573-2859
Santa Barbara http://www.sbcphd.org/cms/	1111 Chapala Street, Suite 200, Santa Barbara, CA 93101	805-681-5360	805-681-4958
Santa Clara	770 South Bascom Avenue, San Jose, CA 95128-2603	408-494-7800	408-494-7801
Santa Cruz http://www.santacruzhealth.org/	Mail: P.O. Box 962, Santa Cruz, CA 95061 Street: 12 West Beach Street, Suite 271, Watsonville, CA 95076	831-763-8932	831-763-8824
Shasta http://www.co.shasta.ca.us/Departments/PublicHealth/	2650 Breslauer Way, Redding, CA 96001-4297	530-225-5122	530-225-5852
Sierra http://www.sierracounty.ws/index.php	Mail: P.O. Box 7, Loyalton, CA 96118 Street: 202 Front Street, Loyalton, CA 96118	530-993-6700	530-993-6790

Local Health Department Website	CHDP Office Address	CHDP Phone	CHDP Fax
Siskiyou http://www.co.siskiyou.ca.us/phs/enter.htm	806 South Main Street, Yreka, CA 96097	530-841-2133	530-841-4075
Solano http://www.co.solano.ca.us/SubSection/SubSection.asp?NavID=879	275 Beck Avenue, MS 5-240, Fairfield, CA 94533-4090	707-784-8670	707-438-2500
Sonoma http://www.sonoma-county.org/main/services.htm	625 Fifth Street, Santa Rosa, CA 95404-4428	707-565-4460	707-565-4473
Stanislaus http://www.co.stanislaus.ca.us/HealthAndSafety/HealthSafety.htm	830 Scenic Drive, Suite B, Third Floor, Modesto, CA 95350-6131	209-558-8860	209-558-8859
Sutter	Mail: P.O. Box 1510, Yuba City, CA 95992-1510 Street: 1445 Veterans Memorial Circle, Yuba City, CA 95993	530-822-7215	530-822-7223
Tehama http://www.tchp.org/members/TCHA/phweb/tchahomepage.htm	Mail: P.O. Box 400, Red Bluff, CA 96080-0400 Street: 1860 Walnut Street, Suite C, Red Bluff, CA 96080	530-527-6824 800-655-6854	530-527-0362
Trinity http://www.trinitycounty.org/Departments/HHS/health.htm	Mail: P.O. Box 1470, Weaverville, CA 96093-1470 Street: 1 Industrial Park Way, Weaverville, CA 96093	530-623-1358	530-623-1297
Tulare http://www.tularehhsa.org/	115 East Tulare Avenue, Tulare, CA 93274	559-685-2533	559-685-4701

Local Health Department Website	CHDP Office Address	CHDP Phone	CHDP Fax
Tuolumne	20111 Cedar Road North, Sonora, CA 95370-5939	209-533-7417	209-533-7406
Ventura http://www.vchca.org/	2240 East Gonzales Road, Suite 270, Oxnard, CA 93036-8210	805-981-5291	805-981-5290
Yolo http://www.yolocounty.org/org/Health/	170 West Beamer Street, Suite 100, Woodland, CA 95695-2613	530-666-8249	530-666-8239
Yuba http://www.co.yuba.ca.us/content/departments/hhsd/	6000 Lindhurst Avenue, Suite 601-B, Marysville, CA 95901	530-741-6366	530-741-6397

Last updated November 4, 2005

Brochures*

- ☞ Learn About Lead Poisoning – English and Spanish
- ☞ Simple Steps to Protect Your Child from Lead – English and Spanish
- ☞ Lead in House Paint and Dirt Can Hurt Your Child! English and Spanish
- ☞ Do not Take Lead Home from Your Job! – English and Spanish
- ☞ Remodeling or Repainting?—English and Spanish

*Available in hard copy version. Electronic copies are available on the supplemental CD.



Fact Sheet for Child Care Providers

Children aged six months to six years are most at risk for lead poisoning. Help protect them while they are in your care!

Lead can harm a child's brain, making it hard for them to learn, pay attention and behave.

Places in your child care center where lead might be found:

- ☞ Chipped or peeling paint in homes built before 1978.
- ☞ Some pots and dishes made outside the USA.
- ☞ Dust, dirt, and areas with bare soil.
- ☞ Some home remedies like Azarcon, Greta, or other white or brightly colored powders.
- ☞ Some imported candies such as those made from tamarind fruit.
- ☞ Areas where:
 - Paint has been disturbed or there is bare soil.
 - The building may have been rebuilt or remodeled.
 - Hobbies like making fishing sinkers, handling bullets or soldering take place.

How can I keep the children I care for safe from lead poisoning?

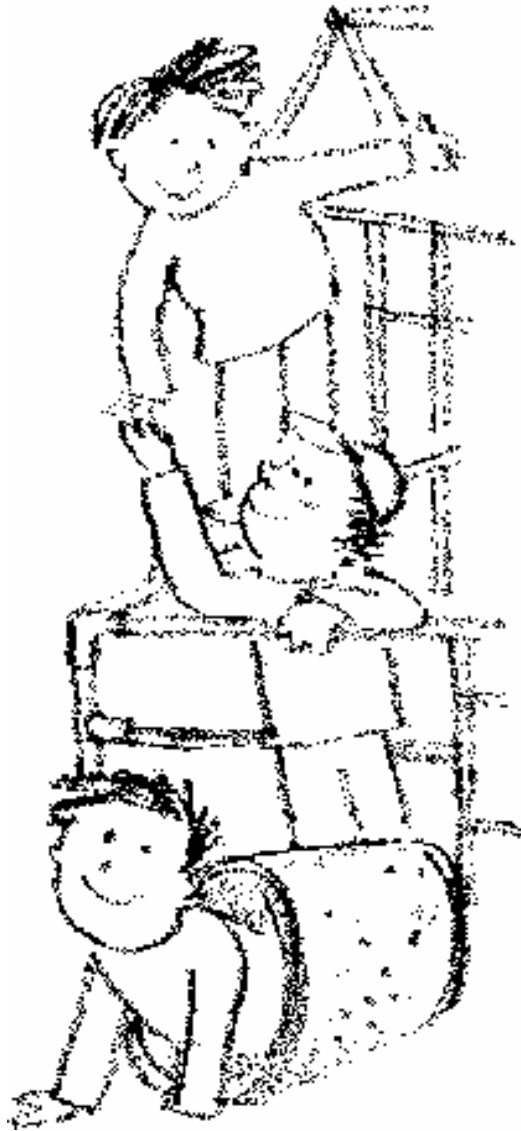
- ☞ Keep hands and faces clean.
 - Wash hands and face before eating and after playing.
- ☞ Keep the center clean.
 - Wet mop or wet wipe window frames, windowsills and floors often.
- ☞ Wash toys, pacifiers and other objects kids play with frequently.
 - Keep playtime safe.
 - Do not let them eat dirt or paint chips.
- ☞ Cover bare soil where kids play.
 - Do not let kids chew on windowsills or anything painted.
- ☞ Keep food in glass or plastic containers.
 - Imported pottery or cans may have lead in them.
- ☞ Offer children healthy foods.
 - Offer three meals and two or three snacks each day.
 - Give kids foods high in calcium, iron and vitamin C.
 - Well fed tummies take in less lead.

Most kids with lead poisoning do not look or act sick. The only way to know is with a blood test. Recommend that children get tested at age one and two years. This is required for children in government health programs.

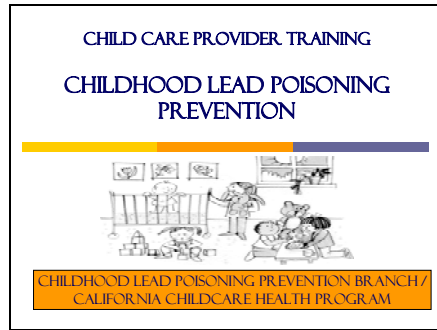
For more information about preventing lead poisoning or testing your program for paint and products containing lead contact:

- ☞ Your local Childhood Lead Poisoning Prevention Program
at _____
- ☞ The California Department of Health Services Childhood Lead Poisoning Prevention Branch at (510) 620-5600.
- ☞ The California Childcare Health Program Healthline at (800) 333-3212.

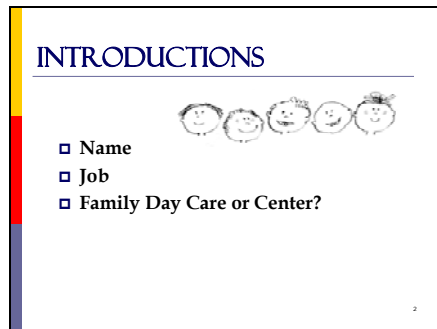
Power Point Handouts



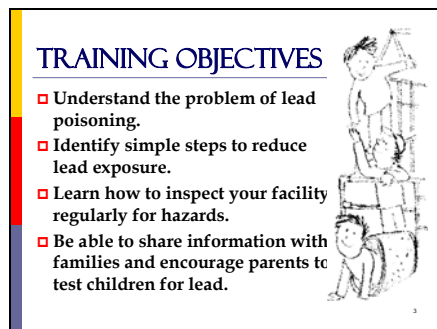
Slide 1



Slide 2




Slide 3



Slide 4

ICE BREAKER ACTIVITY




- Child Care Provider BINGO!

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Slide 5

WHY IS LEAD POISONING AN ISSUE?




- Most common and preventable environmental illness among one to six year olds.
- In CA about one percent of children under six yrs tested at 10 µg/dL or greater.
- There are 59,500 family & center based licensed child care programs in CA*

* 2004 Family Child Care Center Licensing Study

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Slide 6

WHY ARE KIDS AT RISK?



- Lead becomes dust from peeling and chipping paint.
- Children explore the environment using their hands and mouths.
- They spend a lot of time on the floor where sources of lead are found.

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Slide 7

HEALTH EFFECTS OF LEAD

- Children are more vulnerable to lead's toxic effects




- ❑ Lead can limit a child's intellectual & physical development.
- ❑ Anemia and lead poisoning may occur together.

HOW DO I KNOW IF A CHILD IS LEAD POISONED?

- ❑ Most lead poisoned children do not look or act sick.
- ❑ Testing is the **ONLY** way to know.
- ❑ Blood tests should be done at 12 and 24 months.



SOURCES OF LEAD

- ❑ Lead-based paint usually in homes built before 1978
 - ❑ Chipping and peeling paint
 - ❑ High friction areas
 - ❑ Lead in soil
 - ❑ Lead in home remedies
- 



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OTHER SOURCES OF LEAD

- Lead brought home on clothes by persons working in lead related industries



- ❑ Hobbies such as making stained glass or fishing sinkers

[illegible]

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OTHER SOURCES OF LEAD

- Lead in imported Mexican candy & spices
 - Some imported candy wrappers and imported food cans with lead soldered seams
 - Handmade or imported pottery, dishes and old painted toys.
- 
- A small, dark-colored table with a single leg. On the table, there is a glass filled with a light-colored liquid, a cylindrical can with a label, and a shallow plate with a decorative pattern.



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WHAT CAN PROVIDERS DO TO PROTECT CHILDREN?

- ❑ Teach parents about lead
- ❑ Request testing
- ❑ Post information
- ❑ Promote good nutrition
- ❑ Reduce exposure in your facility




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REDUCING ENVIRONMENTAL EXPOSURE

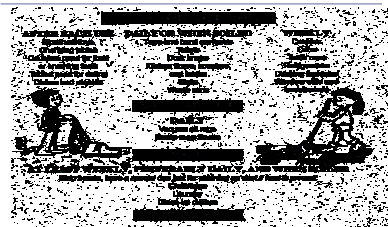
- Wash Toys Regularly
 - Toys and pacifiers are frequently mouthed
 - Check toys for chipping paint
 - Do not use old or imported toys unless you know they are lead-free



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REDUCING ENVIRONMENTAL EXPOSURE




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REDUCING ENVIRONMENTAL EXPOSURE

Inspect on a Monthly Basis:

- Chipping, peeling paint chips
- Bare soil
- Moisture, molds, and mildew
- Move furniture away from possible lead sources



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REDUCING ENVIRONMENTAL EXPOSURE

Hand-washing

- Hands can carry germs and lead dust to mouths.
- Wash hands:
 - Before eating and handling food
 - After using the restroom, diapering or handling body fluids
 - After playing outside
 - Before going to bed (especially for thumb suckers!)

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[illegible]

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TEACHING CHILDREN

Hand Washing Song

(Sung to Row, Row, Row Your Boat)

Wash, wash, wash your hands
Play our handy game
Rub and scrub, and scrub and rub.
Germs go down the drain, HEY!



Wash, wash, wash your hands
Play our handy game
Rub and scrub, and scrub and rub.
Germs go down the drain, HEY!

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LEAD AND NUTRITION



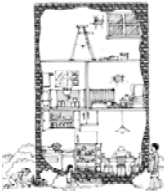
- ❑ Calcium and iron can help prevent the absorption of lead
- ❑ A full stomach reduces the amount of lead absorbed by the body
- ❑ Feed children three regular meals
- ❑ Offer nutritious snacks between meals and foods high in calcium and iron

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PAINING, REPAIRING OR REMODELING YOUR CHILD CARE ENVIRONMENT

- There MAY be a risk for contamination if:
 - The facility was built before 1978 and/or
 - The play yard is exposed to heavy automobile traffic and/or
 - It is near an industrial area where lead products have been used or produced.

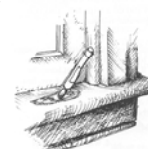


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LEAD TESTING

- Testing your facility's paint and soil
 - Have your facility evaluated by a certified lead inspector
 - Call your local Lead Program for testing information
 - Test kits are available in hardware stores for pottery



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RESOURCES:

- Local Childhood Lead Poisoning Prevention Program
(XXX) XXX-XXXX
- DHS Childhood Lead Poisoning Branch
(510) 620-5600
<http://www.dhs.ca.gov/childlead>
- California Child Care Health Program Healthline
(800) 333-3212 <http://www.ucsfchildcarehealth.org/>
- Childcare Health Program
(510) 644-1000 www.childcarehealth.org

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QUESTIONS?




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EVALUATION

- Let us know how we did...
- Please complete and turn in the evaluation form.
- Do not forget to pick up your Certificate.
- Posters and other educational materials are also available.



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THANK YOU FOR YOUR PARTICIPATION!



CHILD CARE PROVIDER LEAD POISONING PREVENTION TRAINING

Curriculum Evaluation

We would like to know what you thought about this curriculum. Please tell us by checking the appropriate box.

<u>Performance Rating</u>	<u>Strongly Agree</u>	<u>Agree</u>	<u>Not Sure</u>	<u>Disagree</u>	<u>Strongly disagree</u>
The material is presented in a clear and organized manner.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The material was informative and easy to understand.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The handouts were helpful and easy to understand.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The Power Point presentation was helpful and easy to use.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The optional materials are interactive and useful.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would recommend this curriculum to other educators and trainers.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What did you like best about the curriculum?

What did you like the least?

How will you use this curriculum?

What suggestions do you have for improving the curriculum?

Comments: (Feel free to use the other side of this page)

Thank you for your input!
Please return to:
CDHS Childhood Lead Poisoning Prevention Branch
850 Marina Bay Parkway, Building P, Third Floor
Richmond, CA 94804
Fax: 510-620-5656
Attn: Health Educator