



December 2012

E-News for Child Care Health Consultants

California Childcare Health Program (CCHP)
510-204-0932 • www.ucsfchildcarehealth.org



In this issue:

- [Announcements](#)
- [Policy & Advocacy](#)
- [Resources](#)
- [Reports & Research](#)

Quick Links:

- [About CCHP](#)
- [Publications & Resources](#)



Do you have a question that you would like to ask other CCHCs

working in the field? Or do you have a comment to share with the group? To post your comments or questions on the CCHP-CCHC listserv [click here](#).



Like

Like us to get the latest news.

The CCHP-CCHC eNews is a monthly newsletter that provides timely information about resources, reports, and research that inform the work of Child Care Health Consultants (CCHCs) working to improve the health and safety of children in early childhood education settings in California. Past issues are available at www.ucsfchildcarehealth.org/html/pandr/eneews.htm.

Announcements

California Child Care Licensing Enforcement of New Crib Standards

Beginning December 28, 2012, any crib used by Child Care Centers and Family Child Care Homes must meet new and improved federal safety standards. The Consumer Product Safety Commission (CPCS) banned the use of drop-side cribs. For information on enforcement of the new standards:

<http://cclid.ca.gov/res/pdf/LicensingEnforcement-DropSidedCribs.pdf>

New Federal Safety Standard for Infant Swings

CPSC approved a new federal mandatory safety standard to improve the safety of infant swings to prevent injury and death.

<http://www.cpsc.gov/cpsc/pub/prereel/prhtml13/13037.html>

Policy and Advocacy

Organic Foods: Health and Environmental Advantages and Disadvantages

Organic foods are essentially no more nutritious than conventionally produced foods, but whether they are safer is still an unanswered question according to a Clinical Report from the American Academy of Pediatrics (AAP) Committee on Nutrition and Council on Environmental Health. Although organic foods have the same vitamins, minerals, antioxidants, proteins, and other nutrients as conventional foods, they also have lower pesticide levels and, in the case of meat, are less likely to be contaminated with drug-resistant bacteria. <http://pediatrics.aappublications.org/cgi/content/abstract/130/5/e1406>

Resources

Food-Free Celebrations from *Mealtime Memos for Child*

Care:

Focus children's celebrations on games, activities and having fun! Here are some ideas: <http://www.nfsmi.org/documentlibraryfiles/PDF/20121030022620.pdf>

Licensing Toolkit to Promote Healthy Infant Feeding Practices

The toolkit from the National Resource Center for Health and Safety in Child Care (NRC) contains information for licensing agencies, child care providers, and legislators.

<http://nrckids.org/ToolKit/Infant%20Feeding%20Toolkit.pdf>

Potter the Otter: A Tale about Water from First 5

This cheerful book helps parents and childcare providers talk with young children about healthy drink choices. Potter is part of a public health campaign to encourage drinking more water and fewer sweetened beverages. <http://www.potterloveswater.com/>

Free! Online Infant Safe Sleep Class for Child Care Providers

This new class from AAP is about safe sleep environments and reducing the risk of Sudden Infant Death Syndrome (SIDS) in child care programs. To participate for free, use the promo code:

SIDSCCP

Spanish: <http://bit.ly/Rf8n7z>.

English: http://bit.ly/PediaLink_SIDS

Free! Webinar on Medication Administration in Child Care

An Orientation to Medication Administration provides current information on administering medicine in early care and education programs. Join Healthy Child Care America (HCCA) and the Head Start National Center on Health December 12, 2012, 12:00-1:00 PM PST. For more information and to register:

<http://www.healthychildcare.org/webinars.html>

New Resource with Evidence-Based Practices to Promote Inclusion

The National Professional Development Center on Inclusion announced new resources to support the use of evidence-based practices for including children with special needs. The materials help teachers, administrators, trainers, and families promote inclusion. <http://npdci.fpg.unc.edu/resources/quality-inclusive-practices-resources-and-landing-pads>

Kids Included Together (KIT) Online Classes about Including Children with Special Needs

KIT provides support to child care programs to help include children with disabilities, special needs and challenging behavior with live and online training. <http://www.kitonline.org/html/training.html>

Support for Infants, Toddlers and Families Impacted by Caregiver Mental Health Problems

This new publication from SAMHSA presents resources that professionals, advocates, and practitioners can use in responding to children whose caregivers suffer from mental illness, substance abuse, or trauma. http://store.samhsa.gov/product/sma12-4726?WT.ac=EB_20121106_sma12-4726

Emergency Preparedness Resource List from Child Care Aware

For a comprehensive list of resources for parents, child care providers, resource and referral agencies and administrators: <http://www.naccrra.org/programs-services/disaster-resources>

Reports and Research

Parent Stress Related to Child Obesity

Parent-perceived stress was related to child fast-food consumption, an important behavioral indicator of obesity risk. Future research on child obesity could explore the potential benefits of addressing parent stress.

<http://pediatrics.aappublications.org/content/130/5/e1096.abstract>

US Children Exposed to Nearly 4 Hours of Background TV Each Day

Researchers surveyed nearly 1,500 parents and caregivers of children between 8 months and 8 years of age. Increased background exposure to television is associated with leaving the television on while no one is watching and having a television in a child's bedroom. <http://pediatrics.aappublications.org/content/early/2012/09/26/peds.2011-2581.abstract>

Are State Child Care Regulations Meeting National Oral Health and Nutritional Standards?

Researchers call for improved state regulations for their potential to improve the oral health and obesity status of US children.

<http://tinyurl.com/bmvetms>

Improving Health Care for Children with Autism

Pediatrics published a special supplement in November that brings together clinical research and improved health care practices for children and adolescents with autism spectrum disorders (ASD).

http://pediatrics.aappublications.org/content/130/Supplement_2.toc

Children with ASD Frequently Go Missing

In a recent study, nearly half of children with ASD were reported to engage in elopement behavior, such as wandering away, putting them at risk for injury and harm. This highlights the urgent need to support families coping with the issue, and to train child care professionals, educators, and first responders who are often involved when incidents occur.

<http://pediatrics.aappublications.org/content/130/5/870.abstract>

Behavioral Intervention Associated with Improvements for Young Children with Autism

This study shows how early behavioral intervention is associated with normalized patterns of brain activity, and gains in social behavior in young children with autism.

[http://www.jaacap.com/article/S0890-8567\(12\)00643-0/abstract](http://www.jaacap.com/article/S0890-8567(12)00643-0/abstract)

Welfare, Maternal Work and Preventive Health Care for Low-Income Children

Children were 25% less likely to make preventive care visits during periods when mothers received welfare while working, compared with periods of receiving welfare only. Researchers conclude the Temporary Assistance for Needy Families maternal work requirement may be a barrier to receiving recommended preventive pediatric health care. <http://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2012.300803>

Children Who Are Emotionally Neglected May Be at Greater Risk for Stroke as Adults

Researchers concluded that people who had moderately high levels of emotional neglect as children had nearly three times greater risk for stroke than those who had low levels.

<http://www.neurology.org/content/early/2012/09/19/WNL.0b013e31826e25bd.abstract>

U.S. Hospital Statistics Show an Increase in Child Abuse

Researchers analyzed U.S. hospital statistics during a 12-year period and found the incidence of serious injuries due to child abuse, including fractures and abusive head trauma, increased despite child protective service records showing decreases in reports of child abuse injuries. Serious abuse-related hospitalizations are more common in infants under 1 year old.

<http://pediatrics.aappublications.org/content/early/2012/07/11/peds.2011-3755.abstract>

Young Children at Risk: National and State Prevalence of Risk Factors

National Center for Children in Poverty highlights important findings about the prevalence of children experiencing risk factors in the U.S. Children affected by multiple risks (three or more risk factors) are the most likely to experience school failure and other negative outcomes. http://www.nccp.org/publications/pub_1073.html

The CCHP-CCHC eNews is compiled by the California Childcare Health Program (CCHP) and funded by the California Department of Public Health, Maternal, Child, and Adolescent Health. CCHP is administered by the University of California, San Francisco School of Nursing.

[POSTING GUIDELINES](#) | [PRIVACY POLICY](#) | [ARCHIVES](#)

Manage Subscriber Profile: [Unsubscribe](#) | [Edit Profile](#) | [Subscribe](#)

510-204-0932 • www.ucsfchildcarehealth.org

Copyright © 2012 California Childcare Health Program

