



September 2011

## E-News for Child Care Health Consultants

California Childcare Health Program (CCHP)  
510-204-0932 • [www.ucsfchildcarehealth.org](http://www.ucsfchildcarehealth.org)



### In this issue:

- [Announcements](#)
- [Policy & Advocacy](#)
- [Resources](#)
- [Reports & Research](#)

### Quick Links:

- [About CCHP](#)
- [Publications & Resources](#)



Do you have a question that you would like to ask other CCHCs working in the field? Or do you

have a comment to share with the group? To post your comments or questions on the CCHP-CCHC listserv [click here](#).

*The CCHP-CCHC eNews is a monthly newsletter that provides timely information about resources, reports, and research that inform the work of Child Care Health Consultants (CCHCs) working to improve the health and safety of children in early childhood education settings in California. Past issues are available at [www.ucsfchildcarehealth.org/html/healthline/enews.htm](http://www.ucsfchildcarehealth.org/html/healthline/enews.htm).*

## Greetings

September marks the start of a new school year. Each school year brings new opportunities for health promotion. Get this year off to a good start with up-to-date messages about healthy and safe practices in child care programs.

## Announcements

### **The CCHP Fact Sheet for Families: *Autism* is now available in Spanish**

It is posted on CCHP website and can be downloaded to share with staff and families. [http://www.ucsfchildcarehealth.org/pdfs/factsheets/Autism\\_SP\\_090111.pdf](http://www.ucsfchildcarehealth.org/pdfs/factsheets/Autism_SP_090111.pdf)

### **Early Childhood Educator Competencies now available on the CDE website**

This publication describes the optimal knowledge and skills required for early childhood educators. It aims to develop and support early childhood educators who are committed to providing high-quality care and education. Performance Areas for Health, Safety and Nutrition include: Environmental Health and Safety, Emergency Preparedness, Nutrition, Response to Health Requirements, Child and Family Health, and Physical Activity. <http://www.cde.ca.gov/sp/cd/re/documents/ececompetencies2011.pdf>

## Policy and Advocacy

### **\$500 Million to Support States that Best Prepare Young Children for Success in Kindergarten**

The final application for the Race to the Top-Early Learning Challenge is now available for state-level competitive grants to improve early learning and development programs. In order to compete for these funds, states must have an early learning

advisory board. Unfortunately, as part of the May revise budget, the Early Learning Advisory Council (ELAC) is among the dozens of boards and commissions to be eliminated in California. For more information about Race to the Top: <http://www2.ed.gov/programs/racetothetop-earlylearningchallenge/index.html>. For information about how to advocate for ELAC, visit the Preschool California website: <https://secure3.convio.net/pca/site/Advocacy?cmd=display&page=UserAction&id=309>.

## **Resources**

### ***Tooth Tutor: A Simplified Oral Health Curriculum for Grades Pre-K to Grade 12, Second Edition***

The updated curriculum from the Washington State Department of Health includes 10 units that describe key oral health practices. Activities and handouts are adapted to different grades (Pre-K to 12). Accompanying materials for families reinforce what the students learned in class, and how to support their children's good oral health habits. [http://here.doh.wa.gov/materials/tooth-tutor/15 ToothTutor E11L.pdf](http://here.doh.wa.gov/materials/tooth-tutor/15%20ToothTutor%20E11L.pdf)

### **Acetaminophen Oral Suspension Concentration Changes for Infants**

New infant's acetaminophen oral suspension concentration is now on store shelves, but some parents and caregivers may still be using old, more concentrated infant's acetaminophen drops. For information on the changes and FAQs from the National Association of Nurse Practitioners:

[http://www.napnap.org/Files/Acetaminophen %20Concentration%20Change%20Flyer 7 29 11.pdf](http://www.napnap.org/Files/Acetaminophen%20Concentration%20Change%20Flyer%207%2029%2011.pdf).

To reduce the risk of medication errors in child care programs, see the CCHP Medication Administration 5 R's poster:

[http://www.ucsfchildcarehealth.org/pdfs/posters /stop\\_inturies/medicationEN102504.pdf](http://www.ucsfchildcarehealth.org/pdfs/posters/stop_inturies/medicationEN102504.pdf).

### **Assistive Technology Resources for Infants, Toddlers, and Young Children**

EZ AT 2, Simple Assistive Technology Ideas for Children Ages Birth to Three is designed to increase participation for young children with disabilities. This collection of "do-it-yourself" ideas from the Tots-n-Tech Project includes easy-to-follow directions, a glossary, and a vendor list to help locate the simple materials and supplies. The ideas can be used both at home and in the classroom. <http://www.pacer.org/stc/pubs/EZ-AT-book-2011-final.pdf>.

Also see the guide for children ages 3-8 <http://www.pacer.org/stc/pubs/ezat.pdf>.

### **Children with Disabilities and Special Needs: Information-Resources-Support Webinar**

Thursday, September 22, 2011 12:00 PM - 1:00 PM PDT A free 60-minute webinar on the range of Early Start support services available to families of young children birth - 3 with special

health care needs and developmental delays and the professionals who serve them, presented by the Family Resource Centers Network of California, Department of Developmental Services, California Rural Indian Health Board, Inc. and WestEd Center for Prevention and Early Intervention. To register: <https://www2.gotomeeting.com/register/448328794>.

### **MRSA Information for Parents from Kidshealth**

MRSA is a type of bacteria that the usual antibiotics can't tackle anymore. Simple precautions can help protect kids from becoming infected. [http://www.kidshealth.org/parent/infections/bacterial\\_viral/mrsa.html](http://www.kidshealth.org/parent/infections/bacterial_viral/mrsa.html)

### **Updated Norovirus Outbreak Management and Disease Prevention Guidelines from CDC**

Noroviruses are the most common cause of epidemic gastroenteritis, responsible for at least 50% of all gastroenteritis outbreaks worldwide. Since the virus can be transmitted by food, water, and contaminated environmental surfaces as well as from direct person to person, and because there is no long lasting immunity to norovirus, outbreaks affect people of all ages and can occur nursing homes, hospitals, and schools and child care programs.

<http://www.cdc.gov/mmwr/pdf/rr/rr6003.pdf>

### **Protect Against Flu and Whooping Cough Poster**

Adults who have or who anticipate having close contact with an infant less than 12 months old (e.g., parents, siblings, grandparents, child-care providers and healthcare providers) and who previously have not received Tdap should receive a single dose of Tdap to protect against pertussis. Annual Flu Vaccine is also recommended for caregivers.

<http://eziz.org/assets/docs/IMM-874.pdf> English

<http://eziz.org/assets/docs/IMM-874S.pdf> Spanish

### **Consent for Emergency Medical Services for Children**

The American Academy of Pediatrics has updated its policy on consent for emergency treatment.

<http://aappolicy.aappublications.org/cgi/content/abstract/pediatrics;128/2/427>

Consent for emergency medical treatment is required by title 22 licensing regulations for child care centers and family homes. The LIC 627 form is available on the DSS-CCL website.

<http://www.dss.cahwnet.gov/cdssweb/entres/forms/English/LIC627.PDF>

### **Updated Resource Guide for After-School Child Care Programs**

*Putting It All Together: Guiding Principles for Quality After-School Programs Serving Preteens*, commissioned by the Lucile Packard Foundation for Children's Health, provides recent research and tools to help strengthen after-school programs.

The guide is organized around six principles of quality after-school programs. <http://www.lpfch.org/afterschool/resourceguide.html>

## **Reports and Research**

### **U.S. Varicella Deaths Nearly Eliminated Since the Vaccination Program Began**

Varicella has been preventable by vaccination in the United States since 1995, and the impressive decline in varicella deaths can be attributed to successful implementation of the vaccination program. <http://pediatrics.aappublications.org/content/early/2011/07/21/peds.2010-3385>

### **Policy Statement Supports Eliminating Personal Belief Exemptions from Immunization Requirements**

National Association of County & City Health Officials (NACCHO) recently issued a policy statement "Eliminating Personal Belief Exemptions from Immunization Requirements for Child Care and School Attendance" The policy statement takes this position to reduce the incidence of vaccine-preventable diseases, protect those who cannot receive vaccine due to age or medical condition, and protect those at greater risk of severe complications. <http://www.naccho.org/advocacy/positions/loader.cfm?csModule=security/getfile&PageID=204056>

### **Kidsdata Information about Children Ages 0-5 with Elevated Blood Levels**

Among children screened for lead poisoning, the number of children in California ages 0-5 with confirmed elevated levels has gone down since 2007. In 2009, 2,426 California children ages 0-5 had elevated levels of lead. A blood lead level of 9.5 or greater is considered elevated, but adverse health effects can occur at much lower concentrations. For more facts about Childhood Lead Poisoning in California: <http://www.kidsdata.org/data/topic/dashboard.aspx?cat=81>.

### **Healthier Food Options Lead to Healthier Kids**

A report from UCLA Center for Health Policy Research creates a Retail Food Environment Index to rank counties on the density of fast food versus healthy food options, and lists the results by county. Nevada County has the healthiest retail food mix while Sutter County has the least healthy selection. Among more populous counties, Sacramento ranks at the bottom when it comes to providing healthy choices. See how your county is doing: <http://www.healthpolicy.ucla.edu/pubs/files/foodenvpbjuly2011.pdf>.

### **Special Issue of *Science* Looks at Long-Term Value of Early Education**

Early childhood education research is focused on understanding the impacts of high-quality early intervention, both near- and long-term. A special section of the August 2011 *Science* details

what is known about these processes and programs, and what remains to be explored.

<http://www.sciencemag.org/site/special/education2011>

### **Getting Along With Coworkers May Add Years to Your Life**

Good relationships with your co-workers and a supportive work environment may add years to your life, new Israeli research finds. This study was published recently in *Health Psychology* and summarized in the Office of Disease Prevention and Health Promotion's *Health News*. To read more about the study:

<http://www.healthfinder.gov/news/newsstory.aspx?docid=655727>.

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