



June 2012

E-News for Child Care Health Consultants

California Childcare Health Program (CCHP)
510-204-0932 • www.ucsfchildcarehealth.org



In this issue:

- [Announcements](#)
- [Policy & Advocacy](#)
- [Resources](#)
- [Reports & Research](#)

Quick Links:

- [About CCHP](#)
- [Publications & Resources](#)



Do you have a question that you would like to ask other CCHCs working in the

field? Or do you have a comment to share with the group? To post your comments or questions on the CCHP-CCHC listserv [click here](#).



The CCHP-CCHC eNews is a monthly newsletter that provides timely information about resources, reports, and research that inform the work of Child Care Health Consultants (CCHCs) working to improve the health and safety of children in early childhood education settings in California. Past issues are available at www.ucsfchildcarehealth.org/html/pandr/enews.htm.

Announcements

New CCHP Fact Sheet for Families: Fever

The revised Fact Sheet for Families about fevers has been posted to the CCHP website: www.ucsfchildcarehealth.org/pdfs/factsheets/FeverEN_0512.pdf

Spanish: www.ucsfchildcarehealth.org/pdfs/factsheets/FeverSP_0512.pdf

Licensing Update

The Community Care Licensing Division's Child Care Update for Spring 2012 is now available: www.cclcd.ca.gov/res/pdf/CCUpdateSpring2012.pdf.

Policy and Advocacy

Lower Threshold for What's Considered Lead Poisoning in Young Children

For first time in 20 years, the acceptable level of lead in the bloodstream has been reduced from 10 micrograms of lead per deciliter to 5 micrograms. The change by the Centers for Disease Control and Prevention (CDC) means that many more children could be diagnosed with lead poisoning.

www.nlm.nih.gov/medlineplus/news/fullstory_125245.html

Weight of the Nation HBO Series Available Online

These new films document the current obesity problem and suggest what to do to solve it. The *Weight of the Nation* reports the latest research from Institute of Medicine (IOM), CDC, and the National Institutes of Health (NIH), in partnership with the Michael & Susan Dell Foundation and Kaiser Permanente.

<http://theweightofthenation.hbo.com/films>

Dangers of Swallowing Button Batteries

Cases of children accidentally swallowing coin-sized batteries found in many household gadgets have doubled over the past two decades. Serious complications, including death, occur when button batteries, found in items ranging from remote-control devices to children's toys, get lodged in the esophagus. To view an informational video from Safe Kids: www.safekids.org/safety-basics/safety-spotlight/battery-safety/.

Benzocaine Teething Gels Can Be Harmful

The US Food and Drug Administration (FDA) warns parents and caregivers not to use benzocaine gels or liquids to relieve teething pain for children under 2, because they are at risk for the rare but serious disease of methemoglobinemia. For more information www.fda.gov/ForConsumers/ConsumerUpdates/ucm306062.htm.

Resources

Child Passenger Safety Materials

The National Highway Traffic Safety Administration (NHTSA) has released new materials on car seat use and selection to help parents choose the right car seats for

their children's age and size. Other resources including "how-to" videos on car seat and seat belt use and installation are available:

English: www.safercar.gov/parents/index.htm

Spanish: www.safercar.gov/parents/protegidos

Important Changes in Car Seat Safety Law for California

English: www.safekidssacramento.org/wp-content/uploads/2010/11/Car-Seat-Flyer-ENGLISH.pdf

Spanish: www.safekidssacramento.org/wp-content/uploads/2010/11/Car-Seat-Flyer-SPANISH1.pdf

Ages and Stages Questionnaire Third Edition (ASQ-3™) Available Online

One in five households with children has a child with a special health care need who could benefit from early intervention services, but less than 20 percent of children under age five receive a developmental screening. Free online access to Brookes Publishing's ASQ-3™ is now available for parents and caregivers on the Easter Seals' Make the First Five Count website. Parents can complete the screening online, and results will be emailed within 2 weeks.

www.easterseals.com/site/PageNavigator/ntlc10_mffc_homepageasq.html

Use of Water and 100% Juice in Child Care Programs Toolkit

A new toolkit from the National Resource Center (NRC) provides materials to support efforts that facilitate best practices for beverages served in child care programs. Each action sheet in the toolkit provides tips, facts, and suggestions to promote the use of water and 100% juice in child care programs.

<http://nrckids.org/ToolKit/WaterJuiceToolkitCombined.pdf>

Children's Medications Data from the US Food and Drug Administration (FDA)

The FDA has created a database with medical products studied in children to make it easier for parents, caregivers and health care professionals to find information on medications for children.

www.fda.gov/ForConsumers/ConsumerUpdates/ucm305040.htm

How Much Do You Know about Managing Asthma in Schools and Child Care Programs?

Test your knowledge by taking the quiz on the Environmental Protection Agency (EPA) Asthma webpage: <http://www.epa.gov/asthma/>.

Reports and Research

What Can the Child Care Development Fund (CCDF) Learn from the Research on Health and Safety in Child Care?

The brief, published by the Urban Institute with support from the Administration for Children and Families' Office of Planning and Research and Evaluation (OPRE), presents research about health and safety topics in child care including prevention and control of infectious disease, building and physical premises safety, health and safety training, nutrition and physical activity, developmental screening, mental health screening and health consultation.

www.acf.hhs.gov/programs/opre/other_resrch/tanf_ccdf/reports/synthesis_brief.pdf

Assessing Quality in Home-Based Child Care

Another new issue brief from OPRE looks at quality in home-based child care.

www.acf.hhs.gov/programs/opre/cc/childcare_technical/reports/identifying_profiles.pdf

Social and Communication Skills in Some Children with Autism Improve with Therapy

Yet some children with autism continue to have problems functioning. Socioeconomic factors were correlated with outcomes; children with non-Hispanic, white, well-educated mothers were more likely to be high functioning, and children with less-educated mothers or intellectual disabilities were unlikely to experience rapid gains.

<http://pediatrics.aappublications.org/content/129/5/e1112.abstract>

Preschool Teachers Can Effectively Screen for Autism

Research funded by Autism Speaks looks for ways to identify low-income children with autism so that they can benefit from early intervention. To read more about the study: www.autismspeaks.org/science/science-news/teachers-id-undiagnosed-preschoolers.

Maternal Caffeine Consumption and Infant Nighttime Waking

Does maternal caffeine consumption during pregnancy and breast feeding lead to frequent awakening among infants? This study indicates caffeine consumption during pregnancy and while breast feeding does not have consequences on sleep of infants at 3 months. <http://pediatrics.aappublications.org/content/129/5/860.abstract>

American Lung Association State of the Air 2012 Report

Learn more about the air you breathe. This report looks at levels of ozone and particle pollution found in official monitoring sites across the US. www.stateoftheair.org
In California: www.stateoftheair.org/2012/states/california/

Comprehensive Obesity Prevention in Early Childhood

Nearly one in four children ages 2 to 5 years in the U.S. is overweight (>85th percentile) and about one in 10 is obese (>95th percentile). While much attention has been focused on obesity prevention with school-age children, new policy initiatives are targeting early childhood. This report looks at a range of early childhood initiatives to reduce obesity rates. www.nccp.org/publications/pub_1058.html

Healthy Eating Can Cost Less

A recent US Agriculture Department (USDA) report found that most fruits, vegetables and other healthy foods cost less than foods high in fat, sugar and salt. www.ers.usda.gov/publications/eib96/eib96.pdf

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