



June 2011

## E-News for Child Care Health Consultants

California Childcare Health Program (CCHP)  
510-204-0932 • [www.ucsfchildcarehealth.org](http://www.ucsfchildcarehealth.org)



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Do you have a question that you would like to ask other CCHCs working in the

field? Or do you have a comment to share with the group? To post your comments or questions on the CCHP-CCHC listserv [click here](#).

The CCHP-CCHC eNews is a monthly newsletter that provides timely information about resources, reports, and research that inform the work of Child Care Health Consultants (CCHCs) working to improve the health and safety of children in early childhood education settings in California. Past issues are available at [www.ucsfchildcarehealth.org/html/healthline/enews.htm](http://www.ucsfchildcarehealth.org/html/healthline/enews.htm).

## Greetings

In June we celebrate grads and dads. Let's take time to congratulate and celebrate our kindergarten ready children and promote father involvement in the lives of young children.

## Announcements

### **\$500 million New Race to the Top-Early Learning Challenge Initiative**

Secretary of Education Arne Duncan and Health and Human Services Secretary Kathleen Sebelius announce the Race to the Top-Early Learning Challenge to provide incentives for states to create systems that improve the quality of early learning for young children and increase access to higher-quality early learning programs for disadvantaged children. [www.ed.gov/blog/2011/05/rtt-early-learning-challenge](http://www.ed.gov/blog/2011/05/rtt-early-learning-challenge)

## Advocacy

### **The National Responsible Fatherhood Clearinghouse (NRFC)**

This service of the Administration for Children and Families' (ACF) Office of Family Assistance (OFA), U.S. Department of Health and Human Services provides information and resources about policies and practices that make a difference for fathers, children and families.

- **Sign the Pledge to support the President's Fatherhood and Mentoring Initiative**

When you sign up, you get information on local and national events that support fatherhood and mentorship; links to exceptional fatherhood and mentoring resources; and, access to unique content.

[www.fatherhood.gov/initiative](http://www.fatherhood.gov/initiative) (In English)

## Resources

### **New Healthy & Active Preschoolers Website Launched**

California Department of Education, Nutrition Services Division, in collaboration with Fresno City College, California Professional Nutrition Education and Training (Cal-Pro-NET) Center offers a learning center, activity and resource sections, and a calendar of events to support nutrition and physical activity for child care programs. [www.healthypreschoolers.com](http://www.healthypreschoolers.com)

### **Crib Standard Poster from the Consumer Product Safety Commission**

New federal crib requirements can be printed and posted or distributed to parents and caregivers.

[www.cpsc.gov/nsn/cibrules.pdf](http://www.cpsc.gov/nsn/cibrules.pdf)

### **USDA Guidance on Beverage Requirements for Child and Adult Care Food Program (CACFP)**

*The Healthy Hunger-Free Kids Act of 2010* requires that potable water be available to children and non-fat or 1% milk be served to children over 2 years in the CACFP.

Water: [www.cfpa.net/cacfp/CACFP-20-2011.pdf](http://www.cfpa.net/cacfp/CACFP-20-2011.pdf)

Milk: [www.cfpa.net/cacfp/CACFP-21-2011.pdf](http://www.cfpa.net/cacfp/CACFP-21-2011.pdf)

### **CDC's 2011 Parent's Guide to Childhood Immunizations Booklet and Immunization Works CD**

Read or download the booklet: [www.cdc.gov/vaccines/pubs/parents-guide](http://www.cdc.gov/vaccines/pubs/parents-guide)

Order the booklet: [wwwn.cdc.gov/pubs/ncird.aspx](http://wwwn.cdc.gov/pubs/ncird.aspx)

Order the CD: [wwwn.cdc.gov/pubs/ncird.aspx](http://wwwn.cdc.gov/pubs/ncird.aspx)

### **FDA Issues Guidance to Reduce Medication Administration Errors**

The guidance aims to reduce the risk of accidental overdoses from liquid, oral drugs that are packaged with droppers, syringes, spoons and cups with markings that are confusing, unclear, or inconsistent with directions on labels. Liquid oral drug products are often intended for use in children and require careful administration by a parent or caregiver.

[www.fda.gov/Drugs/DrugSafety/MedicationErrors/ucm253715.htm](http://www.fda.gov/Drugs/DrugSafety/MedicationErrors/ucm253715.htm)

### **FDA Warns about Liquids and Gels with Benzocaine for Teething Pain in Very Young Children**

Benzocaine is associated with a rare but serious condition called methemoglobinemia which greatly reduces the amount of oxygen carried through the bloodstream. Benzocaine over-the-counter gels and liquids are sold under numerous brand names, including Anbesol, Hurracaine, Orajel, Baby Orajel, and Orabase, as well as store brands. [www.fda.gov/Drugs/DrugSafety/ucm250024.htm](http://www.fda.gov/Drugs/DrugSafety/ucm250024.htm)

## **Reports and Research**

### **Breastfeeding Linked to Fewer Behavioral Problems in Childhood**

Findings from the Millennium Cohort Study reported in the *Archives of Disease in Childhood* suggest that, at least in term children, longer duration of breast feeding for infants is associated with fewer parent-rated behavioral problems in children when they reach age five.

[adc.bmj.com/content/early/2011/03/24/adc.2010.201970.abstract](http://adc.bmj.com/content/early/2011/03/24/adc.2010.201970.abstract)

### **Prolonged Bottle Use and Obesity at 5.5 Years of Age in U.S. Children**

Bottle feeding beyond age one and a half may lead to adulthood obesity according to a study conducted at the National Center for Education Statistics. Often parents rely on bottle feeding to comfort children, but this practice may be threatening children's health in the long run.

[download.journals.elsevierhealth.com/pdfs/journals/0022-3476/PIIS0022347611002423.pdf](http://download.journals.elsevierhealth.com/pdfs/journals/0022-3476/PIIS0022347611002423.pdf)

### **Use of the Sippy Cup among Children 1 to 4 Years of Age**

This research examined the prevalence of the use of the sippy cup and found children 1 to 4 years of age were currently using the sippy cup (69.7%), with the proportion increasing to 94.4% when including children with past use of the sippy cup. Researchers conclude parents and caregivers need education about potential increases in exposure to sugary/acidic liquids through the use of the sippy cup leading to increased risk for early childhood caries.

[www.pediatricnursing.org/article/S0882-5963%2809%2900318-2/abstract](http://www.pediatricnursing.org/article/S0882-5963%2809%2900318-2/abstract)

### **Data Support Feeding Guidelines for Allergy Prevention**

Parents who want to prevent allergies in their children should introduce solid foods no earlier than 4 months of age, and no later than 6 months, a review article suggests. These findings support recent guidelines on early nutrition and allergy prevention released by the American Academy of Pediatrics recommending that babies be breast-fed for the first 6 months of life, with complementary feeding introduced no earlier than 17 weeks and no later than 26 weeks.

[www.ajcn.org/content/early/2011/05/03/ajcn.110.001180.abstract?sid=340eabeb-e364-423d-be83-e2bb5213dafa](http://www.ajcn.org/content/early/2011/05/03/ajcn.110.001180.abstract?sid=340eabeb-e364-423d-be83-e2bb5213dafa)

### **Asthma Rate Rises Sharply in U.S.**

According to a study released by the CDC, Americans are suffering from asthma in record numbers. Nearly one in 10 children and almost one in 12 Americans of all ages now have asthma. Black children are most affected: the study found that nearly one in five had a diagnosis of asthma in 2009, up from about one in nine, in 2001. [www.cdc.gov/media/releases/2011/p0503\\_vitalsigns.html](http://www.cdc.gov/media/releases/2011/p0503_vitalsigns.html)

## **CDC Reports 118 Measles Cases across the U.S. in 2011**

This is the highest number of cases reported for any January-May period since 1996. The unusually large number of cases brought into the United States is related to recent increases in measles in countries visited by U.S. travelers.

[www.immunize.org/express/issue932.asp](http://www.immunize.org/express/issue932.asp)

## **AAP Says U.S. Fails to Protect Children from Hazardous Chemicals**

A new policy statement, published in the May 2011 issue of *Pediatrics* recommends any chemicals policy should consider the consequences on children and their families.

[www.aap.org/advocacy/releases/apr2511studies.htm](http://www.aap.org/advocacy/releases/apr2511studies.htm)

## **Young and Vulnerable: Children Five and Under Experience High Maltreatment Rates**

Federal data on child maltreatment from the National Child Abuse and Neglect Data System (NCANDS) show that young children are more likely than older children to be reported to Child Protective Services (CPS) for suspected abuse or neglect, and are more likely than their older peers to be determined victims of maltreatment by CPS. Children less than a year old make up 46 percent of all child maltreatment fatalities. [www.childtrends.org/Files/Child\\_Trends-2011\\_04\\_29\\_ECH\\_YoungVulnerable.pdf](http://www.childtrends.org/Files/Child_Trends-2011_04_29_ECH_YoungVulnerable.pdf)

## **A Framework for State Leadership and Action in Building the Components of an Early Childhood System**

This report of the BUILD Initiative reflects two years of research of policies in practice in states. It contains practical examples of successfully applied policies in early childhood systems, and is a resource for systems builders and members of state advisory councils as they work on delivery of comprehensive services to young children and families.

[www.buildinitiative.org/files/resources/Bruner%20Four%20Ovals.pdf](http://www.buildinitiative.org/files/resources/Bruner%20Four%20Ovals.pdf)

## **A Portrait of California**

A report from the American Human Development Project ranks health, education, and earnings and suggests actions that Californians can take to improve human well-being including investing in public health campaigns, investing in preschool, targeting the worst performing high schools and taking steps to address gender equality and wage discrimination in the workplace.

[www.measureofamerica.org/california](http://www.measureofamerica.org/california)

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