



May 2011

E-News for Child Care Health Consultants

California Childcare Health Program (CCHP)
510-204-0932 • www.ucsfchildcarehealth.org



In this issue:

- [Announcements](#)
- [Advocacy](#)
- [Resources](#)
- [Reports & Research](#)

Quick Links:

- [About CCHP](#)
- [Publications & Resources](#)



Do you have a question that you would like to ask other CCHCs working in the

field? Or do you have a comment to share with the group? To post your comments or questions on the CCHP-CCHC listserv [click here](#).

The CCHP-CCHC eNews is a monthly newsletter that provides timely information about resources, reports, and research that inform the work of Child Care Health Consultants (CCHCs) working to improve the health and safety of children in early childhood education settings in California. Past issues are available at www.ucsfchildcarehealth.org/html/healthline/enews.htm.

Greetings

May is Mental Health Month

Many organizations and individuals take this opportunity to promote mental well-being. Good mental health in child care programs allows children to think clearly, develop socially, learn new skills, build self-esteem and develop the foundations for good mental health as adults.

Announcements

Public hearing for the proposed Child Care and Development Fund State Plan is scheduled for Monday, May 16, 2011, at the Department of Education in Sacramento. The Fund previously supported CCHP Healthline activities; including managing and updating the website and the toll-free advice line.

This is an opportunity for the public to comment, in person or in writing, on child care services and quality improvement activities included in the Plan before it is submitted to the federal government for funding. The Plan is here: www.cde.ca.gov/sp/cd/re/stateplan.asp.

Individuals and organizations are asked to provide comments on specific items contained in the proposed Plan; and to reference the section number, heading, and page number in each comment. For example:

Part 3, **Health and Safety Improvement Activities**, (3.1.2) state "requirements shall include the prevention and control of infectious diseases (including immunization), building and physical premises safety, and minimum health and safety training appropriate to the provider setting..." and Part c) states: "Describe the Lead Agency's health and safety requirements for health and safety training in effect for child care providers of services for which assistance is provided under CCDF" followed by a checklist of common and best practices characteristics. *However, NO items are checked for this section!* (Pages 68-70) This is an insufficient amount of

effort for health and safety and the Plan needs to include more. Quality improvement must include adequate funding for health and safety technical assistance and support programs.

You can testify in person at the public hearings, or write your testimony and submit it by fax: 916-323-6853, e-mail: statepln@cde.ca.gov or mail. All written comments must be received by 5:00 p.m. on June 1, 2011. For the mailing address and more information on submitting written testimony: www.cde.ca.gov/sp/cd/re/ccdfstplnhear1213.asp.

Advocacy

How to Talk About Early Childhood Mental Health

This new article in the ZERO TO THREE Policy Center's framing series, highlights tools provided by the FrameWorks Institute to help communicate more effectively and promote policies that reflect what we know about early childhood mental health. www.zerotothree.org/public-policy/action-center/framing-article-part-eight-final.pdf

Soda Tax Bill Shelved by Committee

Assembly Bill 669 was placed on hold since it is unlikely to obtain a two-thirds majority vote. However the failure of the statewide soda tax could lead to sugary drink taxes at the county or city level. blogs.sacbee.com/capitolalert/latest/2011/04/soda-tax-legislation-shelved-b.html

New USDA Rule Encourages the Purchase of Local Agricultural Products for Nutrition Programs

USDA's child nutrition programs are implementing new rules designed to encourage use of local farm products in school meals. It is part of the Healthy, Hunger-Free Kids Act of 2010, and allows the Child and Adult Care Food Program (CACFP), schools and other providers give preference to unprocessed locally grown and locally raised agricultural products when they purchase food. Press release: www.fns.usda.gov/cga/PressReleases/2011/0180.htm.

Resources

California Inclusion and Behavior Consultation Network (CIBC) is a resource and technical assistance project of the California Department of Education (CDE), Child Development Division (CDD) and the WestEd Center for Prevention and Early Intervention. CIBC will respond to Early Care and Education provider requests for technical assistance and consultation to promote inclusion of children with disabilities and other special needs, including challenging behaviors. For more information: www.cibc-ca.org and toll free number: 1-877-524-2422.

Immunization Supplement to *Pediatrics* is a new publication from *Pediatrics* aimed at maintaining and improving public confidence in vaccines. This supplement to *Pediatrics* provides a wealth of information about immunization safety and concerns with 18 articles written by experts in the field. pediatrics.aappublications.org/content/vol127/Supplement_1

Raising a Child With Autism: Read a first-hand account of a family's

experience with diagnosis, treatment, and services for a child with autism. www.kidshealth.org/parent/medical/brain/autism_story.html

Radiation Crisis in Japan: What It Means to You

Get answers to common concerns about radiation exposure.

www.kidshealth.org/parent/general/body/radiation_sickness.html

State of the Air Report

For 12 years, the American Lung Association has analyzed data in the U.S. from state air quality monitors to compile the *State of the Air* report. For information about air quality and health in California counties: www.stateoftheair.org/2011/states/california.

The Community Care Licensing Division's Child Care Update for Winter/Spring 2011 is now available:

www.cclcd.ca.gov/res/pdf/CCUpdateWinterSpring0411.pdf.

Working and Breastfeeding handout by WIC on the CDPH website to support mothers who continue breastfeeding after returning to work or school: www.cdph.ca.gov/programs/breastfeeding/Documents/MO-WorkandBF.pdf.

Reports and Research

Early Intensive Intervention for Autism Spectrum Disorders

A recent study of early intensive behavioral intervention resulted in some improvements in cognitive performance, language skills, and adaptive behavior skills in some young children with ASDs.

pediatrics.aappublications.org/cgi/content/abstract/peds.2011-0426v1

Prenatal Pesticide Exposure Tied to Lower IQ in Children

In this study from UC Berkeley, children with the highest levels of prenatal pesticide exposure scored lower on a standardized measure of intelligence. These findings provide further evidence that pesticide exposure during pregnancy may impact a child's development.

newscenter.berkeley.edu/2011/04/20/prenatal-pesticide-exposure-lower-iq

Early Childhood Stimulation Benefits Adult Competence and Reduces Violent Behavior

A study of children 9 to 24 months in Jamaica, who took part in a 2-year trial of psychosocial stimulation (weekly play sessions to improve mother-child interaction) and were assessed at 22 years, shows early psychosocial intervention had wide-ranging benefits, including reductions in violent behavior. The study provides evidence that early intervention can lead to gains in adult functioning.

pediatrics.aappublications.org/cgi/content/abstract/peds.2010-2231v1

Childhood Obesity and Dental Disease: Common Causes, Common Solutions

California children have high rates of pre-ventable chronic conditions associated with childhood obesity and dental disease. Common factors that contribute to both conditions include the rates of breastfeeding,

access to healthy food and the consumption of sugar-sweetened beverages. This policy brief covers the intersections of childhood obesity and dental disease.

www.childrennow.org/uploads/documents/oral_health_brief_022011.pdf

Are Parents of Young Children Practicing Healthy Nutrition and Physical Activity Behaviors?

Results of this study indicate that although many dietary behaviors were the same between parents and nonparents, mothers reported greater consumption of sugar-sweetened beverages, total energy, and percent saturated fat compared with women without children. Both mothers and fathers had lower amounts of physical activity compared with nonparents. Mothers had higher mean BMIs than women without children. pediatrics.aappublications.org/cgi/content/abstract/peds.2010-3218v1

The Relationship Between Hispanic Parents and Their Preschool-Aged Children's Physical Activity

The results of this study suggest that parental activity levels are a powerful explanation of preschool-aged child activity levels. Parents play a critical role in setting physical activity patterns in their children. pediatrics.aappublications.org/cgi/content/abstract/peds.2010-1712v1

Achieving a State of Healthy Weight: A National Assessment of Obesity Prevention Terminology in Child Care Regulations

examines states' child care regulations for obesity prevention content. www.nrckids.org/regulations_report_2010.pdf

We Can Do Better: 2011 Update: NACCRRRA's Ranking of State Child Care Center Regulation and Oversight is the third in a series of reports beginning in 2007, that scores and ranks the states, including the District of Columbia and the Department of Defense (DoD) on 10 program requirements and five oversight benchmarks for child care centers. California was in the bottom 10, ranking 50 out of 52. Yes, we can do better. www.naccrra.org/publications/naccrra-publications/we-can-do-better-2011.php

Child Care Centers in California: www.naccrra.org/publications/naccrra-publications/publications/states/California.pdf.

The Center for the Study of Child Care Employment (CSCCE) has released two new papers

Learning Together: A Study of Six B.A. Completion Cohort Programs in Early Care and Education, Year 3 Report:

www.irle.berkeley.edu/cscce/2010/learning-together.

Degrees in Context: Asking the Right Questions about Preparing Skilled and Effective Teachers of Young Children:

library.constantcontact.com/download/get/file/1103347168909-18/DegreesinContext_2011.pdf.

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