



April 2012

## E-News for Child Care Health Consultants

California Childcare Health Program (CCHP)  
510-204-0932 • [www.ucsfchildcarehealth.org](http://www.ucsfchildcarehealth.org)



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Do you have a question that you would like to ask other CCHCs working in the field? Or do you have a comment to share with the group? To post your comments or questions on the CCHP-CCHC listserv [click here](#).

*The CCHP-CCHC eNews is a monthly newsletter that provides timely information about resources, reports, and research that inform the work of Child Care Health Consultants (CCHCs) working to improve the health and safety of children in early childhood education settings in California. Past issues are available at [www.ucsfchildcarehealth.org/html/pandr/enews.htm](http://www.ucsfchildcarehealth.org/html/pandr/enews.htm).*

## Announcements

### April Is National Autism Awareness Month

A new report shows that increasing numbers of children in the U.S. are being diagnosed with Autism Spectrum Disorders (ASD). The Centers for Disease Control and Prevention (CDC) estimate that 1 in 88 children (1 in 54 boys and 1 in 152 girls) have an ASD. Raise awareness in your community about the special challenges for children and families living with ASD. For information about events and resources:

Autism Speaks <http://www.autismspeaks.org/>.

US Health and Human Services <http://www.hhs.gov/autism/>.

### April Is National Child Abuse Prevention Month

For information about the Six Protective Factors that increase the health and well-being of children and Tip Sheets for Parents and Caregivers:

<http://www.childwelfare.gov/preventing/preventionmonth/factors.cfm>.

### CCHP's Fact Sheet for Families: Breastfeeding and Child Care

The newly revised Fact Sheet for Families supporting breastfeeding for infants and toddlers in child care programs has been posted to the CCHP website:

[www.ucsfchildcarehealth.org/pdfs/factsheets/BreastfeedingEN\\_0312.pdf](http://www.ucsfchildcarehealth.org/pdfs/factsheets/BreastfeedingEN_0312.pdf).

## Policy and Advocacy

### Revised Policy Statement on Breastfeeding from the American Academy of Pediatrics (AAP)

The 2012 updated policy statement on breastfeeding describes the practice as the normative standard for infant feeding and nutrition. AAP reaffirms its recommendation of exclusive breastfeeding for about 6 months, followed by continued breastfeeding as complementary foods are introduced, with continuation of breastfeeding for 1 year or longer as mutually desired by mother and infant.

<http://pediatrics.aappublications.org/content/129/3/e827.abstract>

### Leaving Children to Chance: 2012 Update from the National

## **Association of Child Care Resource & Referral Agencies (NACCRRA)**

The report looks at states' standards and oversight for small family child care homes. It shows only four states scoring 70 percent or higher on the basic requirements needed to ensure that children are being cared for in safe settings that promote healthy development. California ranked 34 with a score of 38/150.

<http://www.naccrra.org/about-child-care/state-child-care-licensing/2012-leaving-children-to-chance>

## **Economic Case for Early Childhood Development Video**

Economist Art Rolnick makes the case for investing in early childhood development. Even if you've seen this video before, it's worth watching again!

<http://tedxtalks.ted.com/video/TEDxTC-Art-Rolnick-Economic-Cas>

## **Resources**

### **Working and Breastfeeding: It Can Work**

Resources, developed by the Breastfeeding Task Force of the Greater Los Angeles and Northeast Valley Health Corporation WIC, include handouts, brochures, posters and advocacy materials for parents, employers and early care and education professionals.

<http://www.breastfeedingworks.org/resources>

### **National Center for Cultural Competence (NCCC) Self-Assessment Tools**

Self-assessment tools and documents are available from the NCCC website that support awareness, knowledge and skill acquisition along the cultural competence continuum:

<http://nccc.georgetown.edu/resources/assessments.html>.

For the Self- Assessment Checklist for Early Intervention and Early Childhood Settings:

<http://nccc.georgetown.edu/documents/ChecklistEIEC.pdf>.

### **2012 Recommended Immunization Schedules**

The current schedule for children 0-6 years is available on the CDC website: <http://www.cdc.gov/vaccines/recs/schedules/downloads/child/0-6yrs-schedule-pr.pdf>.

### **A Guide to Effective Consultation in Settings Serving Infants, Toddlers, and their Families**

This guide, developed by the Office of Child Care and the National Infant & Toddler Child Care Initiative, defines core knowledge, competencies, and dispositions for consultants working with early care and education programs serving infants and toddlers.

[http://transition.acf.hhs.gov/sites/default/files/assets/2011\\_effective\\_consultation.pdf](http://transition.acf.hhs.gov/sites/default/files/assets/2011_effective_consultation.pdf)

### **Diapering Poster**

The new poster, based on *Caring for Our Children*, 3rd Edition, was created by CCA Global with guidance from the Pennsylvania Chapter of the AAP. It is posted on the Healthy Childcare Pennsylvania website.

<http://www.ecels-healthychildcarepa.org/content/3-6-12%20final%20Diapering%20Poster%20Triptych>

[%20Coded.pdf](#)

### **Preventing Unintentional Medication Poisoning**

For information and resources for parents and caregivers about safe storage and safe dosing of medications from Safe Kids USA: Medication Safety Education Module: <http://www.safekids.org/safety-basics/safety-guide/medication-safety-guide/>.

Video: <http://www.youtube.com/user/safekidsusa>.

### **Integrated Pest Management for Child Care Providers Electronic Notification List**

Periodic announcements from the California Department of Pesticide Regulation (DPR) include information about the Healthy Schools Act, training opportunities for child care providers, resources, green cleaning and other pest management topics related to child care. To sign up: <http://www.cdpr.ca.gov/docs/dept/listserv/listdesc.htm>.

### **CDC: Healthy Homes Program**

For environmental health resources to prevent diseases and injuries that result from housing-related hazards and deficiencies:

Tips for Parents with Young Children

<http://www.cdc.gov/HealthyHomes/ByAudience/Parents.html>.

Tips by Room

<http://www.cdc.gov/HealthyHomes/ByRoom/index.html>.

### **Reports and Research**

#### **Low Rates of Asthma and Allergy in Amish Children**

A Swiss study found an association between Amish farm life and lower incidence of allergy and asthma. Traditional farm exposures and large family size may be protective.

[http://www.jacionline.org/article/S0091-6749\(11\)02396-7/fulltext](http://www.jacionline.org/article/S0091-6749(11)02396-7/fulltext)

#### **Secondhand Tobacco Smoke and Lead Exposure in Children**

Secondhand smoke may contribute to increased blood lead levels in US children. Eliminating second hand smoke exposure could reduce lead exposure in children.

<http://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2011.300161>

#### **Endocrine Disruptors and Asthma-Associated Chemicals in Many Consumer Products**

Common products like scented personal care products, perfume, air fresheners, dryer sheets, and sunscreens contain potentially harmful compounds. Savvy consumers can avoid some chemicals, but more complete labeling is needed.

<http://ehp03.niehs.nih.gov/article/info:doi/10.1289/ehp.1104052>

#### **Attention Deficit Hyperactivity Disorder (ADHD) Diagnosis Up Sharply in the Last Decade**

New research indicates the number of children receiving a diagnosis ADHD of has risen by 66 percent in the past decade and is increasingly managed by psychiatrists. Symptoms of ADHD include an inability to focus, trouble controlling emotions and hyperactive behavior.

<http://www.sciencedirect.com/science/article/pii/S1876285912000046>

### **Younger Children in the Class More Likely to be Diagnosed with Attention Deficit Hyperactivity Disorder (ADHD)**

A new study shows that many young children may be diagnosed with ADHD, when they're younger than their peers in the same classrooms. The level of ADHD diagnosis was lowest for children born early in the year (the oldest ones in their classes) and highest for those born later in the year. To read more about the study:

[http://www.nlm.nih.gov/medlineplus/news/fullstory\\_122586.html](http://www.nlm.nih.gov/medlineplus/news/fullstory_122586.html)

### **Children under Age 5 at Risk for Stair-Related Injuries**

Although stair-related injuries are on the decline, they represent an important source of injury for young children. Prevention efforts, including parent and caregiver education and improved stairway safety are needed.

<http://pediatrics.aappublications.org/content/early/2012/03/07/peds.2011-2314.abstract>.

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