



August 2012

E-News for Child Care Health Consultants

California Childcare Health Program (CCHP)
510-204-0932 • www.ucsfchildcarehealth.org



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Do you have a question that you would like to ask other CCHCs working in the field? Or do you

have a comment to share with the group? To post your comments or questions on the CCHP-CCHC listserv [click here](#).

The CCHP-CCHC eNews is a monthly newsletter that provides timely information about resources, reports, and research that inform the work of Child Care Health Consultants (CCHCs) working to improve the health and safety of children in early childhood education settings in California. Past issues are available at www.ucsfchildcarehealth.org/html/pandr/enews.htm.

Announcements

Consumer Product Safety Commission (CPSC) Adopts New Safety Standards for Play Yards

Play yards often serve as both playing and sleeping areas for children in homes and child care programs, and are used for travel. To review the new CPSC requirements for play yards: <http://www.cpsc.gov/cpsc/pub/prerel/prhtml12/12214.html>

Policy and Advocacy

New Partnership to Prevent Child Heatstroke Deaths in Vehicles

Administration of Children and Families (ACF) has teamed up with the National Highway Traffic Safety Administration and Safe Kids USA to promote the "Look before You Lock Campaign" on order to reach early childhood organizations about the importance of double checking cars, vans and buses for children that may have been left behind.

<http://transition.acf.hhs.gov/blog/2012/07/look-before-you-lock>

Risk Calculator from the National Center for Children in Poverty (NCCP)

The *Young Child Risk Calculator* is an interactive tool that shows many children under age six are experiencing serious risks to their development. <http://www.nccp.org/tools/risk/>

Also from NCCP, the *Early Childhood State Profiles*, is a comprehensive view of state policies in the areas of health, early care and education, parenting and economic supports that affect the health and well-being of young children in low-income families. http://nccp.org/profiles/early_childhood.html

Child Care Aware® of America Unveils 'In the States' Map

Clicking on each individual state will pull up a link to information about child care supply and demand, licensing data for centers and family child care homes and information for policy makers.

<http://www.naccrra.org/node/2495>

Resources

LEAP Preschool: An Inclusive Model of Early Autism Intervention

This webinar from the Technical Assistance Center on Social Emotional Intervention for Young Children (TACSEI) discusses key components, research findings, child outcomes, and lessons learned about preschool inclusion for young children with autism. To view the webinar and related materials:

http://www.challengingbehavior.org/explore/webinars/6.27.2012_tacsei_presentation.htm

Free Infant Nutrition Online Course from California Department of Education (CDE)

Available from August 1, through Friday, September 28, 2012, for child care centers and family child care home sponsors participating in the U.S. Department of Agriculture's (USDA) Child Nutrition Programs (CNPs). Those interested in knowing more about providing optimal nutrition for infants can access the enrollment form: <http://tinyurl.com/infantnutrition2012>.

For more information contact Kelley Knapp, kknapp@cde.ca.gov

Physical Education for Preschool, Lesson Ideas from PE Central

To access a large number of physical activity lesson ideas for ECE programs: <http://www.pecentral.org/lessonideas/elementary/preschoolmenu.asp>

Toolkit to Limit Screen Time in Child Care Programs

This toolkit from the National Resource Center for Health in Child Care and Early Education (NRC) contains three audience-specific sheets: a Licensing Agency Action Sheet, a Child Care Provider Action Sheet, and a Legislator Action Sheet:

<http://nrckids.org/ToolKit/LimitScreenTimeinChildCare.pdf>

Tips to Promote Social and Emotional Health in Young Children

A new fact sheet from the American Academy of Pediatrics (AAP) provides tips and resources for parents, early education and child care providers, and pediatricians to promote social-emotional health among young children.

<http://www2.aap.org/commpeds/docs/mentalhealth/docs/SE-Tips.pdf>

Reflective Facilitation and Supervision DVD from the

California Center on Early Childhood Mental Health

Finding the Words, Finding the Ways: Exploring Reflective Supervision and Facilitation is a tool for coaches, instructors and consultants to build and deepen their supervision skills across settings. The four video vignettes and accompanying manual show reflective supervision and facilitation in action and provide ideas for how to use the technique. For ordering information: <http://cacenter-ecmh.org/news/finding-the-words-finding-the-ways-exploring-reflective-supervision-and-facilitation/>

AIRNow Website Provides Air Quality Information

The U.S. EPA, NOAA, NPS, tribal, state, and local agencies developed the AIRNow Web site to provide the public with easy access to air quality information. The Web site offers daily Air Quality Index (AQI) forecasts as well as real-time AQI conditions with detailed state and local air quality information. http://airnow.gov/index.cfm?action=airnow.local_state&stateid=5&tab=0

Health Risks of Wildfires for Children: Guidance for Parents and Community Members

The Pediatric Environmental Health Specialty Units (PEHSU) encourage families, pediatricians, and communities to work together to ensure that children are protected from exposure to environmental hazards. For a fact sheet on the health hazards of wildfires for children: http://www.aoec.org/pehsu/documents/wildfire_acute_2011_parents_comm.pdf

Spit Happens: Managing Infectious Disease Webinar on August 14, 2012

Register for a webinar from Healthy Child Care America (HCCA) and The Head Start National Center on Health with current information on infectious diseases in child care, AAP recommendations for child exclusion practices, and resources. <http://video.webcasts.com/events/pmny001/viewer/index.jsp?eventid=43532>

Reports and Research

Children with Autism Often Diagnosed Late

Even though autism symptoms usually emerge before age three, most children with autism are diagnosed when they are five or older, according to findings from survey of more than 4,000 parents or guardians of children with special needs. The report was compiled by the National Institute of Mental Health with the Centers for Disease Control and Prevention. http://www.nlm.nih.gov/medlineplus/news/fullstory_125545.html

High Frequency of Allergic Reactions to Foods in Preschool-Aged Children

This study showed the high frequency caused by accidental and non-accidental exposures and under-treatment of severe reactions with epinephrine. Accurate label reading, avoidance of

non-accidental exposure, prevention of cross-contamination, appropriate epinephrine administration, and education of all caregivers is recommended.

<http://pediatrics.aappublications.org/content/130/1/e25.abstract>

Breastfeeding Cuts Risk of Obesity for Mothers

How many children a woman bears and whether or not she breast-feeds them may affect her weight decades later, according to new research. The reduction in BMI associated with just 6 months breastfeeding could reduce the risk of obesity-related disease. The health benefits of breastfeeding may be long-lasting for both infants and mothers.

<http://www.nature.com/ijo/journal/vaop/ncurrent/abs/ijo201276a.html>

TV Habits in Preschool Linked to Later Physical Fitness and Waist size

The amount of TV preschoolers watch seems to contribute to what their waist size and athletic abilities will be when they reach fourth grade, researchers report.

<http://www.ijbnpa.org/content/9/1/87/abstract>

Harsh Physical Punishment Associated with Mental Disorders

These research findings about the use of physical punishment to discipline children (i.e., pushing, grabbing, shoving, slapping, hitting, etc.) provide evidence that physical punishment, independent of child maltreatment, is related to mental disorders.

<http://pediatrics.aappublications.org/content/early/2012/06/27/peds.2011-2947>

California's Rates of Child Abuse and Neglect Decline, Children 0-5 at Greatest Risk

According to recently updated data on kidsdata.org, the majority of the state's counties saw declines in the number of substantiated child abuse/neglect cases during this period. However, children ages 0-5 continue to make up the largest percentage of these cases statewide.

<http://www.kidsdata.org/data/topic/dashboard.aspx?cat=2>

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