

CALIFORNIA



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HEALTH
PROGRAM

California Childcare Health Program (CCHP)

E-News for

Child Care Health Consultants

April 2007

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Greetings

Greetings from the California Childcare Health Program's CCHC List Serve. The CCHP-CCHC List serve is intended to serve as a forum where CCHC's in California can share resources and query their colleagues about issues, dilemmas and challenges that come up in their health consultation work. We encourage you to submit your questions to the list here: CCHP-CCHC@listserv.ucsf.edu.

News and Announcements

April is Earthquake Preparedness Month and emergency preparedness is an important topic for CCHCs to address in their consultation role. Many child care programs have not made adequate preparations for emergencies or disasters. There is a very good checklist for programs from community care licensing that appears in CCHP's CCHC curriculum in the [Emergency Preparedness module](#).

The National Association of Child Care Resource and Referral Agencies has also developed some excellent materials for training on disaster preparedness:

Is Child Care Ready? A Disaster-Planning Guide for Child Care Resource & Referral Agencies

This guide, produced by NACCRA, is a practical toolkit for helping child care programs—both in child care centers and providers' homes—keep children safe and their businesses open during and after natural disasters, terrorist attacks, chemical emergencies, and other catastrophes. Available here: www.naccrra.org/disaster/docs/Disaster_Guide_MECH.pdf

Disaster Preparation: A Training for Child Care Centers

A supplement to *Is Child Care Ready?* This guide is designed to assist CCR&Rs and others in training child care centers on disaster preparedness. It includes specific activities for training individuals who direct and work in child care centers. Available here: www.naccrra.org/disaster/docs/disaster_prep_ccc.pdf

Save the Date

There will be a free course offered by the California Distance Learning Health Network that includes a broadcast/webcast, tabletop exercise, and toolkit on the topic of *Pandemic Influenza Preparedness for Schools* that also includes preschool programs. It will be broadcast on May 17. This is a great topic for consultants to bring to their local planning councils for local child care planning. For more info and for local broadcast sites refer to www.cdlnh.com/Schools.info

Seattle-King County's Department of Public Health has a great website with materials on Pandemic Flu, including fact sheets in multiple languages, and a pamphlet, How to Care for Someone with Influenza. These materials are available here: www.metrokc.gov/health/pandemicflu/businesses/#languages

State Policy Update: California Develops New Infant and Toddler Program Guidelines

To promote experiences that help children prosper and thrive, the California Department of Education has created *Infant/Toddler Learning and Development Program Guidelines*. Developed with the nonprofit research agency WestEd, this document complements California's *Prekindergarten Learning and Development Guidelines*. Together, these documents offer a coherent framework for extending the benefits of high-quality care and education to all children.

"Babies come into this world ready to learn. Research shows in the first three years of life, brain development is very active as children learn at least one language, form a sense of self, and develop an understanding of basic concepts that will support a lifetime of learning," said Jack O'Connell, State Superintendent of Public Instruction. "The *Infant/Toddler Learning and Development Program Guidelines* underscore the importance of this critical time period and offers providers cutting-edge information and tools to help children prosper."

The *Infant/Toddler Learning and Development Program Guidelines* present information about how to provide high-quality early care and education, including recommendations for program policies and day-to-day practices, which will improve services to all infants and toddlers (children from birth to 36 months). The guidelines pay particular attention to the role of the family, the inclusion of children with special needs, and collaboration between programs and families. They are intended to provide a starting point for strengthening all programs that care for and educate infants and toddlers, including centers, family child care homes, and kith and kin care. For a free copy of the guidelines, go to www.cde.ca.gov/re/pn/fd/documents/itldprogguidelines.pdf.

Integrated Pest Management

The State IPM website has some resources useful for educating child care providers about IPM. Available here: www.cdpr.ca.gov/docs/pmap/schoolipm_articles.htm. They also have a school calendar for addressing pest management problems by month, available here: www.cdpr.ca.gov/docs/pmap/schoolipm.htm.

There is a very comprehensive article in the March issue of Contemporary Pediatrics, that also offers CEUs, entitled *Safeguarding Kids from Environmental Hazards* and it is currently available online at: <http://www.contemporarypediatrics.com/contpeds/article/articleDetail.jsp?id=412517>.

New Anaphylaxis Administration Guidelines issued by the American Academy of Pediatrics There is a CEU program available on Medscape, *New Pediatric Guidelines for Self-Injecting Epinephrine for Anaphylaxis Treatment*. Requires registration. If you are a registered Medscape user, the program is available here: <http://www.medscape.com/viewarticle/554150?src=mp>.

Immunization Assessment Tool

Renee Cheney-Cohen from Alameda Co. Public Health Department has created an updated age grid that is very popular with caregivers and consultants who do IZ assessments. It provides a quick and easy way to determine a child's age in months. To view the grid, [click here](#).

Training Opportunities

The **UCSF California Childcare Health Program's California Training Institute (CTI)** invites health professionals to attend a two-day training on health and safety in early care and education programs. Participants will gain up-to-date knowledge and skills to help them work as child care health consultants.

The training will be held in San Francisco, California, May 4-5, 2007 at San Francisco State University in the Cesar Chavez Student Center, Rosa Parks "F" Conference Room. Participants may attend one or both days of the training.

Day 1

- Field of the Child Care Health Consultation and Field of Early Care and Education (ECE)
- Preventing and Managing Illness in ECE Programs
 - Factors contributing to disease in ECE programs
 - Standard Precautions
 - Policies to reduce illness
 - Managing Illness
 - Medication administration
 - Immunization audit

Day 2

- Quality ECE
 - Health and safety assessment tools
- Staff Health in ECE Programs
- Promoting Children's Oral Health
- Child Care Health Consultant Resources
- Injury Prevention

Please refer to the [CTI brochure](#) for registration and other information. If you have questions, contact Mimi Wolff, Training Coordinator at mwolff@ucsfchildcarehealth.org or 510-839-1195.

Publications

CCHP has several new publications available on our website, www.ucsfchildcarehealth.org:

- Infant Formula and Fluoride (Fact Sheet for Families)
- Transitioning of Young Children with Disabilities (Health & Safety note)
- Nutrition and Activity for Young Children: Raising Physically Fit and Well Nourished Children (Health & Safety note)
- Seizure Disorders in the ECE Setting (Health & Safety note)
- No Smoking (Mini-Poster)

Health & Safety Resources

Child Care and Behavior Problems

A new study from the National Institute of Child Health and Human Development—the largest-ever U.S. analysis of child care and development—found that by fifth and sixth grade, children who had spent more than 10 hours per week in the care of someone other than their mother had better vocabulary but more behavior problems than their peers. Researchers were careful to note that parenting quality was a much better predictor of

child development than time in care, but the study has touched off much debate. For more on the study, see

www.nichd.nih.gov/news/releases/child_care_linked_to_vocabulary_032607.cfm

Quality Child Care—A Guide for Working Parents

In a recent California Federation of Teachers survey, working parents ranked pre-school/child care as one of the most important issues they face, essential to their ability to work. This guide offers facts and community resources to help Californians find child care and help unions and businesses do a better job ensuring access to quality child care.

www.firstclassteachers.org/resourcesmain/downloads/quality-child-care.pdf

Child Care Counts: Supporting Work Participation and Family Self-Sufficiency (CA)

This report looks at how the child care community can help California and its counties meet new federal work and data reporting requirements under the Temporary Assistance to Needy Families program. Published by the Child Development Policy Institute and The Foundation for Early Education this report can be downloaded at

www.cdpi.net/cs/cdpi/view/rs/32

Safe Horizon: Spot the Signs and Know What to Do

Anxiety and depression, aggressive behavior, poor school performance, even weight gain and fatigue can be warning signs of abuse in children. Safe Horizon is launching a national campaign to help adults spot the signs and intervene, to help change one very stark statistic: every day, four children die from abuse and maltreatment in the United States. Find out more, and how to get help if you suspect domestic violence or abuse at

www.safehorizon.org

Promoting Healthy Families in Your Community: 2007 Resource Packet

Developed for service providers, this packet highlights strategies for fostering protective factors that prevent child abuse and neglect. It also includes tip sheets for parents, in English and Spanish. Online at www.childwelfare.gov/pubs/res_packet_2007/packet.pdf

Kids' Share 2007: Kids and Federal Spending

The funds are up, the funds are down—year to year, the numbers vary. But the big picture shows an overall decrease in the share of domestic spending that goes to help young people since 1960, particularly because these programs "are not indexed to grow with either the economy or inflation." The report looks at spending on income security, nutrition, housing, tax credits and exemptions, health, social services, education and training.

Online at www.urban.org/publications/411432.html

Need for High-Quality Child Care Affects Military Readiness and Retention

The military has long been considered a model of effective child care policy and programs on a large scale—but improvements are needed to better address military families' child care needs. This Rand research brief presents findings from focus groups and surveys.

Online at www.rand.org/pubs/research_briefs/RB9218/

Summer Food Standards of Excellence

This Food Research and Action Center guide can help organizations using the Summer Food Service Program to plan their efforts. It includes a look at quality food sites and examples of what works to attract kids and offer healthy meals.

www.frac.org/Out_Of_School_Time/Summer/foodservice.html

Fewer Employers Offer Lower Income Parents Health Coverage

Access to on-the-job health care has fallen three times as fast for lower-income parents than those who earn more money, according to the Robert Wood Johnson Foundation. A new analysis looks at state-by-state levels of insurance coverage. Online at

www.rwjf.org/newsroom/newsreleasesdetail.jsp?id=10481

Healthier School Foods

The Center for Weight and Health at The University of California, Berkeley, has released, "Dollars and Sense: The Financial Impact of Selling Healthier School Foods", which examines the financial impact of implementing nutrition standards for foods and

beverages sold on school campus outside of the school meal program. It also discusses the challenges encountered and factors contributing to financial success. Concrete recommendations are provided. Available online at

www.cnr.berkeley.edu/cwh/PDFs/Dollars_and_Sense_FINAL_3.07.pdf

A Guide For The Powerless, And Those Who Don't Know Their Own Power

Many educators, community leaders, youth workers, other human service persons, and young people feel apolitical, cynical, or timid about the political process, even though it can be a powerful tool for advancing their work. This AYPF guide can help people reach lawmakers and administrative powers, build human relationships, understand and engage with those who control funding, and more. Free for youth-related groups. For more information call (202) 775-9731.

http://eric.ed.gov/ERICDocs/data/ericdocs2/content_storage_01/0000000b/80/0d/97/f8.pdf

Fact Sheet: Congress Can Extend Health Coverage to More Kids

There is growing consensus that reauthorization of the State Children's Health Insurance Program (SCHIP) should do more to cover all of the 6 million uninsured U.S. children. But the cost will be substantial. The Center on Budget and Policy Priorities looks at the issue, and at the impact new pay-as-you-go rules could have on this effort. Online at

www.cbpp.org/3-14-07health-fact.htm

Calendar

May 1–31

Asthma and Allergy Awareness Month

Materials are available from the Asthma and Allergy Foundation of America (800) 7-ASTHMA (727-8462). Contact: Angel Waldron

www.aafa.org.

May 5–8

California WIC Association's Conference

San Jose

Local Agency Sharing exhibits illustrate the creativity and innovation that makes WIC excellent. Everything you need is on the conference webpage at www.calwic.org.

May 4–15

Child Development Policy Institute Spring Institute on the May Revise

Sacramento

The Child Development Policy Institute (CDPI) invites you to come hear representatives from the Administration, Legislature and illustrious speakers discuss what's in the May Revise as well as other issues impacting the early care and education field. A registration form can be downloaded from the Events section on the CDPI Website at www.cdpi.net.

June 5

A Day of Dialogue: Key Stakeholders Plan for the Future of ECE

Oakland

Top policy makers, funders, researchers and practitioners together in one room to increase our mutual understanding of the issues critical to the future of ECE. Hear what the experts require from each other in order to shape the future of ECE. Ask them the questions you need to know for the children and families you serve, your organization and your career. More information can be obtained at www.childlinkca.org/index.php or calling (415) 362-4880.

