



March 2012

## E-News for Child Care Health Consultants

California Childcare Health Program (CCHP)  
510-204-0932 • [www.ucsfchildcarehealth.org](http://www.ucsfchildcarehealth.org)



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Do you have a question that you would like to ask other CCHCs working in the

field? Or do you have a comment to share with the group? To post your comments or questions on the CCHP-CCHC listserv [click here](#).

*The CCHP-CCHC eNews is a monthly newsletter that provides timely information about resources, reports, and research that inform the work of Child Care Health Consultants (CCHCs) working to improve the health and safety of children in early childhood education settings in California. Past issues are available at [www.ucsfchildcarehealth.org/html/pandr/enews.htm](http://www.ucsfchildcarehealth.org/html/pandr/enews.htm).*

## Announcements

### Webinar: An Introduction to Caring for Our Children 3rd Edition

Join the Healthy Child Care America (HCCA) Partnership for a webinar, Wednesday March 21, 2012, 12:00-1:00 PST. Learn about the standards, significant changes, suggestions for implementation and resources. To register: [www3.gotomeeting.com/register/981383878](http://www3.gotomeeting.com/register/981383878). The webinar will be recorded and posted to the HCCA website for later viewing: [www.healthychildcare.org/](http://www.healthychildcare.org/)

### CCHP's Fact Sheet for Families: Preventing Tooth Decay in Young Children

The newly revised Fact Sheet for Families promoting oral health for young children has been posted to the CCHP website:

English

[www.ucsfchildcarehealth.org/pdfs/factsheets/ToothDecayEN\\_022712.pdf](http://www.ucsfchildcarehealth.org/pdfs/factsheets/ToothDecayEN_022712.pdf)

Spanish

[www.ucsfchildcarehealth.org/pdfs/factsheets/ToothDecaySP\\_030612.pdf](http://www.ucsfchildcarehealth.org/pdfs/factsheets/ToothDecaySP_030612.pdf)

## Policy and Advocacy

### CDC National Asthma Control Program: State Profiles

The 2011 Asthma State Profiles provide an overview of the burden of asthma. Statistical data are provided on asthma prevalence for adults and children, hospitalizations, deaths, and asthma patient education and medication use. [www.cdc.gov/asthma/stateprofiles.htm](http://www.cdc.gov/asthma/stateprofiles.htm)

For California's profile:

[www.cdc.gov/asthma/stateprofiles/Asthma\\_in\\_CA.pdf](http://www.cdc.gov/asthma/stateprofiles/Asthma_in_CA.pdf).

## Resources

### Oral Health Disparities, Centers for Disease Control and Prevention (CDC)

Despite major improvements in oral health for the population as a whole, oral health disparities exist for many racial and ethnic groups, by

socioeconomic status, sex, age and geographic location. The greatest racial and ethnic disparity among children 2–8 years old is seen in Mexican American and black, non-Hispanic children. For more information from the CDC:

[www.cdc.gov/OralHealth/oral\\_health\\_disparities.htm](http://www.cdc.gov/OralHealth/oral_health_disparities.htm).

### **California Department of Health Care Services Denti-Cal List of Providers**

Here is a list of dentists who accept new Denti-Cal patients by county. If you cannot find a dentist in your area who is accepting new patients, you may call the Denti-Cal Telephone Service Center for additional help at 1-800-322-6384. [www.denti-cal.ca.gov/WSI/Bene.jsp?fname=ProvReferral](http://www.denti-cal.ca.gov/WSI/Bene.jsp?fname=ProvReferral)

### **Asthma Action Plans from the Regional Asthma Management Program (RAMP)**

Online and hard copies of Asthma Action Plans in several languages are available free of charge: [www.rampasthma.org/info-resources/asthma-action-plans/](http://www.rampasthma.org/info-resources/asthma-action-plans/).

### **CCHP Fact Sheet for Families: Asthma in Child Care Settings**

Knowing that a child with asthma will be cared for in a safe and appropriate way is a comfort for the child, parent, and early childhood educator. This handout helps parents understand how to help their child with asthma participate fully in child care.

[www.ucsfchildcarehealth.org/pdfs/factsheets/Asthma\\_EN\\_092206.pdf](http://www.ucsfchildcarehealth.org/pdfs/factsheets/Asthma_EN_092206.pdf)

### **Infant Toddler Temperament Tool (IT3) Available Online**

IT3 includes a short online survey that allows parents and caregivers of infants and toddlers to better understand their own temperament and the different temperaments children may have. The IT3 also provides tips to help nurture the unique temperament of each child.

English [www.ecmhc.org/temperament/index.html](http://www.ecmhc.org/temperament/index.html)

Spanish [www.ecmhc.org/temperament\\_es/index.html](http://www.ecmhc.org/temperament_es/index.html)

### **Flu Season is Here: Slowest Start in Nearly 25 years**

CDC officials announced that California has had widespread flu cases for the last few weeks. It's not too late to vaccinate! [www.cdc.gov/flu/](http://www.cdc.gov/flu/)

### **Family Tools to Promote Positive Discipline**

The Center for Social and Emotional Foundations for Early Learning (CSEFEL) has many resources to help parents learn effective techniques for managing behavior and develop age-appropriate expectations for their children. <http://csefel.vanderbilt.edu/resources/family.html>

## **Reports and Research**

### **Poll Finds Children from Low-income Families Drink More Juice**

To reduce the risk of childhood obesity and tooth decay, the American Academy of Pediatrics (AAP) recommends children age 6 and under consume only one serving of 100% fruit juice per day. The University of Michigan C.S. Mott Children's Hospital National Poll on Children's Health

showed that about 50 percent of kids in low-income families drink twice that amount. For the full report: <http://t.co/r1GYoXdE>.

### **Societal Values and Policies and Preschool Children's Physical Activity in Child Care Centers**

Safety and school readiness efforts may be hindering children's physical development and adversely affecting their health. Policies that promote safety and school readiness, at the expense of physical activity, may have unintended negative health consequences.

<http://pediatrics.aappublications.org/content/129/2/265.abstract>

### **What Works for Asthma Education Programs**

This Child Trends Fact Sheet examines seventeen asthma education programs for five outcomes: academic achievement, school attendance, emotional health, medical care, physical symptoms, and self-management.

[www.childtrends.org/Files//Child\\_Trends-2012\\_01\\_01\\_FS\\_WWforAsthma.pdf](http://www.childtrends.org/Files//Child_Trends-2012_01_01_FS_WWforAsthma.pdf)

### **Many Children with Autism Diagnosis also Have Other Conditions**

Developmental and psychological problems; learning disabilities, speech delays, attention or seizure disorders and anxiety may explain why autism diagnoses often change as children get older. Researchers suggest that it's important to look at other coexisting conditions when evaluating a child.

<http://pediatrics.aappublications.org/content/129/2/e305.abstract>

### **A National Profile of Children with Seizures**

In a nationally representative sample, children with seizures were at increased risk for mental, developmental, and physical problems and have increase needs for specialized services.

<http://pediatrics.aappublications.org/content/129/2/256.abstract>

### **Intellectual, Behavioral, and Social Outcomes of Accidental Traumatic Brain Injury (TBI)**

Moderate/severe TBI at an early age appears to be associated with lowered intellectual function and possibly behavior problems, and a child's environment influences cognitive and behavior function after TBI.

<http://pediatrics.aappublications.org/content/129/2/e262.abstract>

### **Physical Punishment Poses Risks to a Child's Development**

According to this report, numerous studies have found that physical punishment increases the risk of many negative developmental outcomes, including mental health disorders and slower cognitive development. Effective discipline depends on clear, age-appropriate expectations, effective communication and a safe environment.

[www.cmaj.ca/content/early/2012/02/06/cmaj.101314](http://www.cmaj.ca/content/early/2012/02/06/cmaj.101314)

### **Social-Emotional Screening for Infants and Toddlers in Primary Care**

Although universal social-emotional screening in a busy pediatric practice is a challenge, a significant number of children can be identified this way. In this study, children who received intervention from a psychologist within their medical home showed significant improvement

in ASQ: SE scores.

<http://pediatrics.aappublications.org/content/129/2/e377.abstract>

## **Child Care Health Consultation and Nursing Education Survey**

This survey of graduate and undergraduate nurse educators examines the role of nursing education in preparing child care health consultants. Authors suggest examining the potential for integrating childcare health consultation content into higher education for nurses.

<http://onlinelibrary.wiley.com/doi/10.1111/j.1744-6155.2011.00324.x/abstract>

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