



California Childcare Health Program (CCHP)

E-News for

Child Care Health Consultants

February 2007

In this issue:

- [Greetings](#)
- [News and Announcements](#)
- [Training](#)
- [Questions](#)
- [Calendar](#)
- [Health and Safety Resources](#)

Greetings

Greetings from the California Childcare Health Program's CCHC List Serve. The CCHP-CCHC List serve is intended to serve as a forum where CCHC's in California can share resources and query their colleagues about issues, dilemmas and challenges that come up in their health consultation work. We encourage you to submit your questions to the list here: CCHP-CCHC@listserv.ucsf.edu.

News and Announcements

Cough and Cold Medications May Cause Infant Death

The US Food and Drug Administration (FDA) has warned healthcare professionals to exercise caution when administering cough and cold medications to infants younger than 2 years. The warning was based on three infant deaths for which cough/cold medications were determined by medical examiners to be the underlying cause, according to an alert sent from MedWatch, the FDA's safety information and adverse event reporting program.

According to an article published by the US Centers for Disease Control and Prevention in the *Morbidity and Mortality Weekly Report*, the three infants ranged in age from 1 to 6 months; all were found dead in their homes. On autopsy, two of the infants (patients 1 and 2) had evidence of respiratory infection.

All three infants had what appeared to be high levels of pseudoephedrine in postmortem blood samples (range, 4743 - 7100 ng/mL). According to the CDC, these levels are approximately nine to 14 times the levels resulting from administration of recommended doses to children aged 2 to 12 years. Two of the infants (patients 1 and 3) had received either an OTC or a prescription

product, and patient 2 had received both.

Further examination revealed that patients 2 and 3 had detectable blood levels of dextromethorphan and acetaminophen. Although no detectable postmortem levels were found, patients 1 and 2 had been administered prescription medications containing carbinoxamine.

The CDC notes that although OTC sales of pseudoephedrine-containing products have been banned, some pediatric cough and cold medications containing the drug may still be sold behind the counter.

As an alternative to cough and cold medication in infants, use of a rubber suction bulb to clear congestion should be considered; secretions can be softened with saline nose drops or a cool-mist humidifier.

According to the CDC, systematic reviews of controlled trials of OTC cough and cold medications have concluded they are not more effective than placebo for reducing acute cough and other symptoms of upper respiratory tract infection in children younger than 2 years. Moreover, the American College of Chest Physicians released clinical practice guidelines in 2006 advising healthcare professionals to refrain from recommending cough suppressants and other OTC cough medications for young children because of associated morbidity and mortality.

Currently, there are no FDA-approved dosing recommendations for administering OTC cough and cold medications to infants younger than 2 years. OTC labeling advises caregivers to "consult a doctor" for children in this age group; clinicians often extrapolate a dose from guidelines for older children and adults based on the child's age or weight, assuming that the disease and drug effects are similar.

Healthcare professionals are advised to educate caregivers regarding the importance of administering cough and cold medications only as directed and the risk for potentially fatal overdose associated with ingredient duplication if additional products are given.

Adverse events potentially related to use of cough/cold products in children younger than 2 years should be reported to the FDA's MedWatch reporting program by phone at 1-800-FDA-1088, by fax at 1-800-FDA-0178, online at www.fda.gov/medwatch, or by mail to 5600 Fishers Lane, Rockville, MD 20852-9787.

Training

The UCSF California Childcare Health Program's California Training Institute (CTI) has created a curriculum for training child care health consultants in California and has used this curriculum to train many of you. We have had many inquiries about when future trainings will be held. Currently, a training institute is being planned for Salem, Oregon (see announcement below). In addition, CTI has funding to conduct an additional one- or two-day course on health and safety in early care and education (ECE) programs for health professionals this spring.

Participants will be taught new skills to enable them to serve as Child Care Health Consultants (CCHC) in ECE programs. They will also be introduced to up-to-date resources available to assist them in their consultation role, and they will be oriented to the culture, functions, systems and needs of the ECE community.

Participants will be provided with the full CCHC curriculum, which contains

chapters on 17 health and safety training topics applicable to ECE programs. Five to six topics can be presented per training day. The fee for the training would be minimal, between \$20 and \$50.

Does anyone know of a location in California where there might be interest in having the California Childcare Health Program's CTI provide a CCHC training? We would need to have a minimum of twelve participants sign up for the training.

If you know of an area where there is sufficient interest to conduct a CCHC training and/or have questions or would like more information, please contact Mimi Wolff, Training Coordinator at mwolff@ucsfchildcarehealth.org or 510-839-1195.

Oregon CCHC Training

The UCSF California Childcare Health Program's California Training Institute (CTI) and the Oregon Child Care Health Consultation Demonstration Program invite health professionals to attend a two-day training on health and safety in early care and education (ECE) programs. Participants will gain up-to-date knowledge and skills to help them work as child care health consultants.

The training will be held in Salem, Oregon March 89, 2007 at the Best Western Black Bear Inn. Participants may attend one or both days of the training. The topics by day are:

Day 1

- The field of Child Care Health Consultation
- Behavioral Health
- Cultural Competency and Health
- Oral Health

Day 2

- Children with Disabilities and Other Special Needs
- Environmental Health
- California Childcare Health Program Resources
- Emergency Preparedness
- Nutrition and Physical Activity

Please refer to the CCHP website for the [CTI registration form](#). If you have questions, contact Mimi Wolff, Training Coordinator at mwolff@ucsfchildcarehealth.org or 510-839-1195.

Training and Continuing Education Online

Here are resources that provide online training and also give CEUs: For registered members, **Medscape** has three online trainings on communicable disease prevention that are relevant to health consultants. A CEU Certificate can be downloaded upon finishing the training:

- ["Wait-And-See" Approach Reduces Antibiotic Prescription for Acute Otitis Media in Children](#)
- [Concurrent Use of Hepatitis A, DTaP, Hib Vaccines Appropriate in Infants](#)
- [New Guidelines for Pediatric Use of Rotavirus Vaccine](#)

To register with Medscape, click here:

<https://profreg.medscape.com/px/registration.do?cid=med>

To sign up for Medscape's e-mail newsletters, click here:

www.medscape.com/features/newsletters/public

The **CDC** has several online trainings.

CDC Training and Continuing Education Online can be found here: <http://www2a.cdc.gov/PHTNOnline/index.asp>. They require that you register and provide a login and password.

One of the training programs is:

Epidemiology and Prevention of Vaccine-Preventable Diseases 2007
4 Session Series

A National Center for Immunization and Respiratory Diseases and the Public Health Training Network Satellite Broadcast & Webcast

This live interactive program will provide the most current information available in the constantly changing field of immunization. This is an annual offering providing a comprehensive overview on immunization presented in four satellite broadcasts scheduled for January 25, February 1, 8, and 15, 2007. Each of the four sessions can be viewed independently for CE credit. Archived webcasts of past events can be viewed at the website.

Questions

Questions from List Serve members

One of the purposes of the CCHP_CCHC List Serve is to serve as a forum where members can ask questions or offer resources to other members of the group. This month we have had two queries from our members.

The first question is:

How many CCHC's are funded by their county? Please let us know if you are funded through your county and what percentage of your time is devoted to health consultation.

The second query comes from Janet Malki:

I am currently working on a flu pandemic response policy for our child care center, in addition to a back care/safety inservice for staff and a nutrition class for parents. Is anyone aware of continuing education in-services for nurses in these child care health areas?

Calendar

Calendar of events for February

March 1–3, 2007

Computer Using Educators Conference 2007

Convention Center, Palm Springs, California

Mike Lawrence, cueinc@cue.org, 510-814-6630

www.cue.org

March 8–10, 2007

CAEYC Annual Conference & Expo 2007

Over 200 workshops are currently being developed!

Leadership Day, Thursday, March 8, 2007 (*Fairmont San Jose*) Conference & Expo, Friday, March 9 & Saturday, March 10, 2007 (*San Jose McEnergy Convention Center*)

www.caeyc.org/conference.asp

March 14–17, 2007

California Association for Bilingual Education

Long Beach Convention Center, Long Beach, California

32nd Annual Conference—Educating Every Student: Investing in Tomorrow—
Today

Delma Chwilinski, info@bilingualeducation.org, 626-814-4441
<http://bilingualeducation.org>

March 25–28, 2007

The Community College Foundation

Ontario Convention Center, Ontario, California

12th Annual Technology in Education International Conference & Tech
Exposition

Matson Breakey, mbreakey@techedevents.org, 916-418-5134
www.communitycollege.org

March 29–31, 2007

EduAlliance Network

Hyatt Regency Orange County, Orange County, California

California Teacher Leader Conference

Gina Van Horn, admin@edualliance.org, 831-425-0299
www.edualliance.org

April 12–14, 2007

California School Employees Association

Convention Center & Sheraton Grand Hotel, Sacramento, California

10th Annual California Paraeducator Conference: Decades of Excellence

Carla R. Mitchler, crmitchler@csea.com, 408-433-1288

April 21

2007 Yolo County Child Development Conference

Veterans' Memorial Center, Davis, California

Workshop Topics Include: Infant/Toddler, Preschool, Special Needs, Child
Development, Science, Multiculturalism and more! (Some workshops available
in Russian & Spanish)

www.cityofdavis.org

Health and Safety Resources

EITC Outreach Toolkit for Child Care and After School Providers. The
Earned Income Tax Credit (EITC) and other tax benefits go a long way to lifting
working families out of poverty. The National Women's Law Center is
collaborating with state child care advocates to inform millions of families about
the tax credits they're eligible for. Online at
www.nwlc.org/pdf/TCOCToolkitTY06web.pdf.

Research Connections. Offers a comprehensive and easily searchable
collection of more than 10,000 resources from the many disciplines related to
child care and early education. Research Connections offers guidance on
understanding research and assessing research quality, as well as
comparative state data tools and policy links on child care and early education.
Online at www.childcareresearch.org.

CICK Resource Guide: Designing Early Childhood Facilities. Local
Initiatives Support Corporation's national child care program CICK has
developed a series of "how-to" guides to assist organizations that are planning
to renovate, construct or improve their early childhood facilities. Designing
Early Childhood Facilities (Volume 2) highlights the important connection
between well-designed space and quality child care programming and helps
providers, their development partners, and their architects create an effective
space for young children. The guide includes an overview of design principles,
a tour through each functional area of the center, and information on materials,
lighting, security, urban settings and accessibility. Online at

www.lisc.org/content/publications/detail/3520.

Caring For Our Children: Child Care Work Group Report 2007. The Child Care Law Center (CCLC), a national nonprofit legal services organization that uses legal tools to make high quality, affordable child care available to every child, every family, and every community, released two reports:

The Child Care Work Group Report includes a collective vision of the system we want to build, 2007 budget and legislative priorities and priorities for selected substantive areas.

The Recommendations for the CA Working Families Policy Summit is drawn from the Work Group consensus as well as our work with our many partners throughout the state. Both documents are available online at

www.childcarelaw.org.

Low Salaries for Staff, High Costs to Children: State-by-State Wage Data for the Early Childhood Education Workforce. A recent Center for the Child Care Workforce/AFTEF report finds that while pre-K teachers have seen a slight increase in pay over the past five years, early child care workers are actually earning less than before. Online at

<http://ccw.cleverspin.com/pubs/2005Compendium.pdf>.

Free Feeding and Nutrition Booklet. *Healthy from the Start*, in both English and Spanish, is a 7-page resource to assist parents to work with young children. Available online:

English: www.zerotothree.org/healthy_from_start_eng.pdf

Spanish: www.zerotothree.org/healthy_from_start_sp.pdf

Child Abuse Prevention Mandated Reporter Training. The Office of Child Abuse Prevention (OCAP) contracts with Sonoma State University to provide mandated reporter training. It is a free online service to the public. The website address is: www.sonoma.edu/cihs/mr/

The NICHD Study of Early Child Care and Youth Development. This study shows that “Family Characteristics Have More Influence On Child Development Than Does Experience In Child Care”. The findings are detailed in a new booklet available as a pdf file at www.nichd.nih.gov/childcare.

Manage Subscriber Profile: [Unsubscribe](#) | [Edit Profile](#) | [Subscribe](#)

510-839-1195 • 800-333-3212: Healthline • www.ucsfchildcarehealth.org

[POSTING GUIDELINES](#) | [PRIVACY POLICY](#) | [ARCHIVES](#)