



January 2011

## E-News for Child Care Health Consultants

California Childcare Health Program (CCHP)  
510-204-0932 • [www.ucsfchildcarehealth.org](http://www.ucsfchildcarehealth.org)



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Do you have a question that you would like to ask other CCHCs

working in the field? Or do you have a comment to share with the group? To post your comments or questions on the CCHP-CCHC listserv [click here](#).

*The CCHP-CCHC eNews is a monthly newsletter that provides timely information about resources, reports, and research that inform the work of Child Care Health Consultants (CCHCs) working to improve the health and safety of children in early childhood education settings in California. Past issues are available at [www.ucsfchildcarehealth.org/html/healthline/enews.htm](http://www.ucsfchildcarehealth.org/html/healthline/enews.htm).*

## Greetings

The California Childcare Health Program wishes you a safe and healthy new year filled with much joy and success. 2011 brings new hope for an improving economy and new leadership for our state government. Please continue to advocate for the health and wellbeing of our young children and families whenever possible.

## Policy and Advocacy

**Register now for the 2011 California Working Families Policy Summit:** Making the System Work for Working Families: Wednesday, January 12, 2011, Sacramento Convention Center [www.ccrwf.org](http://www.ccrwf.org).

**Pre-K now, a campaign of the Pew Center on the States, lists top policy issues and resources for ECE stakeholders** including professional development, early childhood data systems, pre-K advocacy and developing learning standards for young children.

[http://advocacy.pewtrusts.org/site/MessageViewer?em\\_id=1160.0&dlv\\_id=5093](http://advocacy.pewtrusts.org/site/MessageViewer?em_id=1160.0&dlv_id=5093)

## President Obama Signs the Healthy, Hunger-Free Kids Act Into Law

Among other measures to improve nutrition for children, this law promotes nutrition and wellness in child care settings through the federally-subsidized Child and Adult Care Food Program (CACFP) and expands support for breastfeeding through the WIC program.

[www.whitehouse.gov/the-press-office/2010/12/13/president-obama-signs-healthy-hunger-free-kids-act-2010-law](http://www.whitehouse.gov/the-press-office/2010/12/13/president-obama-signs-healthy-hunger-free-kids-act-2010-law)

## Resources

**American Academy of Pediatrics (AAP) infectious diseases curriculum** designed for early education and child care professionals is now available online. The curriculum includes video clips, activities,

forms, and pre- and post-tests and provides a wealth of information for the instructor and the learner. The curriculum can be adapted to meet learning needs and time constraints.

[www.healthychildcare.org/HealthyFutures.html](http://www.healthychildcare.org/HealthyFutures.html)

**Mealtime Memo for Child Care** is a monthly newsletter that includes menus, recipes, and activities for child care programs that is available on the National Food Service Management Institute (NFSMI) website: [www.nfsmi.org/ResourceOverview.aspx?ID=87](http://www.nfsmi.org/ResourceOverview.aspx?ID=87).

This website also has free online courses for those interested in learning more about the Child and Adult Care Food Program (CACFP) and high quality nutrition for children in child care centers and family child care homes. [www.nfsmi.org/Templates/TemplateDefault.aspx?qs=cEIEPTIzNg==](http://www.nfsmi.org/Templates/TemplateDefault.aspx?qs=cEIEPTIzNg==)

**The Community Care Licensing Division's Child Care Update for fall 2010** is available and can be accessed at [www.cclد.ca.gov/res/pdf/CCUpdateFall10.pdf](http://www.cclد.ca.gov/res/pdf/CCUpdateFall10.pdf).

**Asthma Community Network Resource Bank** provides links to resources from a variety of agencies to help community-based asthma programs achieve health and quality of life improvements for people with asthma. [www.asthmacommunitynetwork.org/resources](http://www.asthmacommunitynetwork.org/resources)

**The California Department of Public Health, Work-Related Asthma Prevention Program's** new information sheet describes how to reduce the risk of work-related asthma and other adverse health effects from the use and misuse of cleaning products. [www.cdph.ca.gov/programs/ohsep/Documents/WRA-CleaningProd.pdf](http://www.cdph.ca.gov/programs/ohsep/Documents/WRA-CleaningProd.pdf)

**Greening Early Childhood Centers: a Resource Guide** by the Local Initiatives Support Corporation's Community Investment Collaborative for Kids (CICK) details environmentally-sound building design and facility management practices tailored specifically to the needs of child care centers. Available online: [www.lisc.org/content/publications/detail/18907](http://www.lisc.org/content/publications/detail/18907).

## Reports and Research

**A new study by the Quebec Longitudinal Study of Child Development**, published in the *Archives of Pediatric and Adolescent Medicine*, reports that infants and toddlers in child care get more ear and respiratory tract infections than other children their age, but they are sick less often when they are older. Children who started going to large-group child care centers that had six or more children in a classroom before age 2-½ had more ear and respiratory infections than those cared for at home. Once they reached elementary school, however, they had fewer respiratory and ear infections (with no difference in gastrointestinal infections). To access the article and advice for parents about ways to keep children who attend child care programs healthy: <http://archpedi.ama-assn.org/cgi/content/abstract/164/12/1132>.

**A study from the Rudd Center for Food Policy and Obesity at**

**Yale University**, published in the current issue of the journal *Pediatrics*, found that children will eat and enjoy low-sugar cereals when offered. Low-sugar cereals provide a more nutritious breakfast option compared to high-sugar cereals. Although both groups consumed around the same amount of calories, the children who ate low-sugar cereals were getting more calories in natural forms, such as in natural sugar, orange juice and fresh fruit.

<http://pediatrics.aappublications.org/cgi/content/abstract/peds.2010-0864v1>

**A UCLA report shows that almost 5 million Californians have been diagnosed with asthma**, and low-income Californians with asthma experience more frequent symptoms, end up in the emergency room or hospital more often, and miss more days of work and school. Investigators also found a relationship between poverty and lack of access to quality health care and repeated exposure to environmental triggers for asthma symptoms, such as smoking and second-hand smoke.

[www.healthpolicy.ucla.edu/pubs/Publication.aspx?pubID=442](http://www.healthpolicy.ucla.edu/pubs/Publication.aspx?pubID=442)

### **Children with Special Health Care Needs: A Profile of Key Issues in California**

A Lucille Packard Foundation for Children's Health report shows that while 10 to 15 percent of families in California have a child with a special health care need, defined as a chronic physical, developmental, or behavioral condition that requires more than routine health and related service, California ranks last in the nation on a minimum quality-of-care index. Asthma, allergies, attention deficit disorder (ADD/ADHD), and emotional problems were the most common health conditions reported. For the full report:

<http://www.lpfch.org/cshcn/>.

**Strong Medicine for a Healthier America** is a supplement to the latest issue of the *American Journal of Preventive Medicine*, funded by the Robert Wood Johnson Foundation (RWJF). It includes six articles and a broad array of commentaries that provide a fundamental understanding of the fact that where we live, learn, work and play has as much to do with our health as the health care we receive. In the article *Healthy Starts for All: Policy Prescriptions*, the Commission to Build a Healthier America recommends that substantial resources be committed to ensure that all children have high-quality developmental experiences through family support, child care, and early education.

[www.rwjf.org/vulnerablepopulations/product.jsp?id=71600](http://www.rwjf.org/vulnerablepopulations/product.jsp?id=71600).

### **There Is No Longer a Need to Withhold Influenza Vaccine Due to Presumed Egg Allergies**

With recent evidence published since the release of the AAP's 2010-2011 influenza policy statement, including a recent statement from the American Academy of Allergy, Asthma and Immunology (AAAAI), the AAP is updating its guidance about how to administer influenza vaccine to children with presumed egg allergies. An official statement from AAP will be available in February. For more information and the

AAAAI statement:

[www.aaaai.org/professionals/administering\\_influenza\\_vaccine.pdf](http://www.aaaai.org/professionals/administering_influenza_vaccine.pdf).

## **Recall**

**The Ritedose Corporation is conducting a voluntary recall of 0.083% Albuterol Sulfate Inhalation Solution**, 3 mL (in 25, 30, and 60 unit dose vials). This product is a prescription inhalation solution, administered via nebulization, for the treatment and maintenance of acute asthma exacerbations and exercise induced asthma in children and adults. This product is being recalled because the 2.5 mg/3 mL single use vials are embossed with the wrong concentration of 0.5 mg/ 3 mL and therefore, represents a potential significant health hazard.

For more information and recall lot numbers:

[www.fda.gov/Safety/Recalls/ucm238528.htm](http://www.fda.gov/Safety/Recalls/ucm238528.htm).

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